



The CAPT Board of Directors continues to be pro-active in providing excellent offerings that will assist Play Therapists in mitigating the effects of the post COVID mental health crisis.

The following trainings, presented by four of the world's play therapy experts in Disaster Management and Nature Focused Play Therapy are essentials for this 2021 training year! Be sure to sign up soon. Our numbers will be limited.



**Canadian Association  
for Play Therapy**

# 2021 Annual General Meeting and Conference

## CAPT Annual General Meeting

Friday, April 30, 2021

7:00 – 9:00 p.m. Eastern Time

For all details and registration click here

## Conference 2021

Friday, April 30, 2021 9:00 a.m. to 3:30 p.m.

### Nature Play Therapy: A Double Dose of Healing for Children, Teens and Families

Participants will learn nature's many benefits to our mind, body, and emotions. We will explore the research that considers how spending time in nature effects our physiology, chemistry, and health – from childhood into late adulthood. Certified and Aspiring Play Therapist's will be provided the opportunity to explore their own theoretical orientations and how Nature Play Therapy can be embedded within these.

[Register Here](#)

Presented by



**Jamie Lynn Langley**  
LCSW, RPT-S,  
Smyrna (Nashville),  
Tennessee, USA



**Caileigh**  
Flannigan MA,  
RSW, CPT,  
CTRP,  
Cobourg,  
Ontario

**Saturday and Sunday, May 1 & 2, 2021**

## **Facing Crisis through Play and Play Therapy: A Process Based Approach**

Play is not only a powerful tool to prevent and overcome psychosocial problems but also to foster, especially in children, the development of a variety of skills, including the ability to cope with very difficult circumstances.

An introduction to different crisis situations will be given, emphasizing the role that Play Therapists and Therapeutic Play Specialists might employ in such circumstances and the importance of self-care.

This presentation, given by experienced international crisis mental health professionals, will focus on the application of the Therapeutic Powers of Play to promote children's well-being and trauma recovery in everyday highly distressing contexts and/or in a post-disaster scenario.

**[Register Here](#)**

**Presented by**



**Claudio Mochi MA, RP,  
RPT-S,  
Rome, Italy**



**Isabella Cassina MA, TP-  
S, PhD Candidate,  
Lugano, Switzerland**

Sincerely,

Elizabeth A. Sharpe CAE  
Executive Director  
CAPT

