

CAPT News

Happy Spring! It has been a long winter for sure and right across the country we are welcoming spring. Today is the last day you can submit a nomination for the Monica Herbert Awards. As well, scroll down to see many training opportunities for he month of April. Get your training in and update your CEU's in your member profile!!

As you would have read in a previous email, CAPT is pleased to welcome **Scott Kettles** as our new Executive Director. Scott joins us with many years of experience as an association management professional. You can reach Scott at scott@canadianplaytherapy.com

Monica Herbert Awards Nominations - TODAY IS THE LAST DAY to submit your nomination for the Monica Herbert Award by March 31, 2022. Please scroll down for more details on this distinguished award.

The CAPT AGM is scheduled for April 29, 2022 7:00 to 8:30 p.m., EDT. Mark the date in your calendar and stay tuned for registration details.

The next live **Certification Q&A session** is being held on **April 27 at 12 noon EST**. The zoom link is on the <u>certification standards page</u>. Join us and have your questions answered directly by the chair of the certification committee regarding the certification standards and procedures.

Register today for **Digital Play Therapy: Clinical Foundations and Therapeutic Use** - Friday, April 29 and Saturday, April 30, 2022 **Please scroll down for more details**

Register today for Using Play Therapy to work with Children and Youths with ADHD -Sunday, May 1 and Monday May 2. Please scroll down for more details

Register today for **Play Therapy Supervisor Training Course For Potential CAPT Supervisors** (CPT-S). **Please scroll down for more details.**

<u>CAPT Foundation Play Therapy Training</u> registration is open. Please scroll down for more details.

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy** (IJPT). **Please see below for a list of online articles.**

Please remember to renew your CAPT membership if you haven't already done so. It is important to have your membership up to date, especially for those who are Certified Play Therapists. You should have received your CAPT membership renewal notice on Friday, December 10th. Please contact the office if you have not received your notice. For our **CPT's, CPT-S and PTI members**, please do not forget to complete your ethics declaration on your profile as well.



MONICA HERBERT AWARD 2022 PRESENTATIONS CANADIAN ASSOCIATION FOR PLAY THERAPY FRIDAY, APRIL 29, 2022 7:00 - 9:00 P.M.

Deadline for submitting your nomination is March 31, 2022.

At the CAPT Annual General Meeting the **CAPT Monica Herbert Award** will be presented to recognize outstanding achievements in or contributions to the field of **Play Therapy**.

Recipients will have made a significant impact on CAPT through dedication, competence and exceptional performance.

Honouring your colleagues in the work they do not only shows your appreciation for the professional practices and dedication, but it encourages everyone to engage in the work of play therapy whenever possible.

It also allows us to recognize and appreciate the accomplishments and contributions Monica Herbert made to the children she worked with in the early days of our association.

The detailed Criteria and Nomination forms for the Monica Herbert Award can be found by clicking <u>here</u>.

If you have any questions, please contact the President, Theresa Fraser at <u>theresaannfraser@gmail.com</u>



Play Therapy Supervisor Training Course For Potential CAPT Supervisors (CPT-S)

Dates: April 3, 10, 24 & May 1, 15, 22, & 29, 2022 Additional credits for CRPO Supervision: June 12, 2022

Click here to register for the supervision course only

<u>Click here</u> to register for the supervision course with additional credits for CRPO Supervision

This 14 hr hybrid course will be offered in a webinar format over seven (7) sessions on-line and will occur on Sunday evenings: Sessions will be recorded and those that are missed by participants can be made up by logging in to the recorded session at an addition fee of \$25.00 per session paid to CAPT. Time: 6:00 to 7:00 p.m. Eastern Standard Time for web live class and each class also requires 1 hour of online coursework which can include advance video review. <u>Click here</u> for more information



Digital Play Therapy_{TM}: **Clinical Foundations and Therapeutic Use**

REGISTER TODAY

Friday, April 29 and Saturday, April 30, 2022

Jessica Stone, Ph.D., RPT-S

Overview:

Join us for this informative, fun presentation which focuses on the responsible integration of digital tools in play therapy, the importance of speaking the client's language, and honoring the client's culture - with plenty of fun and experiential exercises sprinkled throughout! Digital Play Therapy_{TM} is not about jumping on some trendy bandwagon; it is about appropriately incorporating cultural shifts and having a foundation for such inclusion.



Using Play Therapy to Work with Children and Youths with ADHD

Sunday, May 1 & Monday May 2, 2022

REGISTER TODAY

Instructor Danny Seto MPsy, MDiv, BEd, RP, RMFT. CPT

Overview:

This training will support and prepare Play Therapists to work with clients who face challenges associated with ADHD.

Participants will be engaged in both theoretical and play therapy experiential exercises on working with children, adolescents and supporting their families who are diagnosed with ADHD.

INTRODUCING...YOUR CAPT CERTIFICATION COMMITTEE

We would like to introduce you to the work of the certification committee. This is a committee comprised of hard working CAPT members that are dedicated to maintaining the high standards of the CAPT.

Over the course of the year, we have many tasks to accomplish starting with reviewing all certification applications that are received throughout the year. We receive anywhere from between 10-20 applications every year. We are proud to see the number of certification applications increase every year. Reviewing each application is an extensive process that usually starts with answering many questions members may have about the process and their individual cases. Reviewing 1 application can take upwards of 5 hours for a committee member. We recognize that everyone's entry into this field may look different, and therefore we work with our members as they work towards meeting the criteria for certification.

Due to the high volume of emails that are received, the certification committee developed a "How to Guide" for members on how to complete the application documents. This is a detailed guide that explains all the requirements for completing each form and has been based on the frequently asked questions the certification committee receives. We took great pride in developing this document. Our vision was to create a centralized space where instructions were clear and easy to follow. We may have missed some things when creating that document, and therefore we will continue to make updates to ensure we have captured most questions members may have. We strongly encourage members to review this document as it has a lot of useful information.

A new offering from the certification committee is the virtual Q & A sessions. We now offer regularly scheduled virtual Q & A sessions for members where all certification related questions can be asked. During these Q & A sessions, members can ask, discuss, and have their specific and personally relevant questions answered. This is a great way to build community and connect with the certification committee. We have had tremendous success and hope that more members will join us during these sessions. <u>Our next certification Q & A is scheduled for April 27th at 12:00 noon EDT.</u>

And lastly, as the certification committee we continue to review and update certification standards and documents. This too is a lengthy process that goes under much scrutiny and deliberation. We are currently working on updating and finalizing the Supervisor's Manual. This is a manual that has been in the making for several years. We hope to have it available to the CAPT supervisors within the next few months.



CAPT Playground Magazine

The Fall 2021 issue of Playground Magazine is chock full of articles to help you in your work. All past issues of Playground Magazine are <u>available online</u>. Why not browse through them when you have a few minutes to spare. In the meantime, here are a couple of articles from the current issue of Playground Magazine you might find interesting. The theme of the current issue is trauma.

Healing Spaces

Healing Spaces is an ongoing article in Playground. This edition of Healing Spaces is happy to focus on Josefina Martinez, a Chilean Clinical Psychologist. Josefina is the co-founder of Metafora, a play therapy centre located in Santiago Chile. <u>Read the full article on page 22</u> <u>here</u>

CAPT Diversity and Inclusion Committee News

In 2020 CAPT struck a Diversity and Inclusion committee that is comprised of both CAPT Board of Directors members and association members. The committee is determined to create meaningful and genuine policies that will create and maintain change. <u>Read the full article on page 20 here</u>

CAPT Foundation Play Therapy Training - Registration is Now Open

The CAPT Foundation Play Therapy Training offers individual days of unique training in the theory and practice of play therapy. Students can complete the 180 hours of continuing education credits at a pace and time that they choose. The 180 hours are one of the steps needed to become a Certified Play Therapist. The program instructors are professional skilled play therapists who bring expertise on a wide variety of topics.

Due to Covid-19 all CAPT training will be delivered online with live instructor leads. Foundation Play Therapy Training is scheduled for the following dates:

May 9-20 (Monday -Friday) June 13-24 (Monday - Friday) August 1-12 (Monday - Friday)

For details on dates, full training outlines and learning outcomes *please click here to access the CAPT website.*

CAPT Marketplace

Did you know CAPT has merchandise available for purchase?

<u>Purchase</u> the fun "Mop Top Pens" for your office and clients. They are fun and they come in two different skin tones. <u>Click here to view them and to order.</u>

<u>Purchase</u> CAPT brochures to promote the profession of Play Therapy as well as your professional association. Why Play? Why Play Therapists? Why Play Therapy? <u>Click here to view the brochure and to order.</u>

AMERICAN PSYCHOLOGICAL ASSOCIATION

American Psychological Association APA Journals in APA PsycArticles[®]

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy** (IJPT) for over 25 years. These articles are peer reviewed so they are the best of the best. Here are some of the latest and greatest. Enjoy.

Online Access to APA journals: If you are not a member of the American Psychological Association or do not have a current account with the APA, go to <u>https://my.apa.org</u> and click on "Create an Account" and enter the email address you used to sign up with CAPT as your user name and create a password.

The password will need to be 8-14 characters long, with a mix of letters, numbers or symbols. If you are a member of the American Psychological Association or if you already have an established login account with the APA, go to <u>https://my.apa.org</u> and login with your current user name and password. Once you're logged on, scroll down to the area designated as "Subscriptions."

Under Subscriptions scroll down to the section "Journals," where *your journal* is listed, then click on your journal to view it. From here you can view the citation and full text of any article published in the journal. Please note that you will be able to browse all of the journals in APA's PsycARTICLES database; however, you will have access to the full text of only those to which you subscribe.

Exploring the experiences of elementary teachers after completing Child Teacher Relationship Training (CTRT): Implications for teaching in diverse school settings. Elmadani, Abdelaziz; Opiola, Kristie K.; Grybush, Amy L.; Alston, Daniel M. - 8/9/2021 - Volume 31, Issue 2 Read More >>

Play therapy and academic achievement: A secondary analysis. Holliman, Ryan; Blanco, Pedro; Kowalis, Cynthia - 7/22/2021 - Volume 31, Issue 2 Read More >>

Child–teacher relationship training exclusively in the classroom: Impact on teacher attitudes and behaviors. Post, Phyllis B.; Grybush, Amy L.; García, Meg A.; Flowers, Claudia - 11/15/2021 - Volume 31, Issue 2 <u>Read More >></u>

Impact of group theraplay on the social–emotional assets and resilience in children with hearing loss. Yazdanipour, Masoumeh; Ashori, Mohammad; Abedi, Ahmad - 10/28/2021 - Volume 31, Issue 2 <u>Read More >></u>

What experiences prompted adoptive parents of preadolescents to self-refer for child–parent relationship therapy? Swan, Alyssa M.; Bratton, Sue C.; Hughes, Lindsey; Walker, Kimberly; Frawley, Caitlin - 12/9/2021 - Volume 31, Issue 2 Read More >>

Contact us:

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