



## CAPT News

Happy New Year!

Please mark the date of April 29, 2022 7:00 to 8:30 p.m. EST for the **CAPT AGM**. More details will follow shortly.

**CAPT Foundation Play Therapy Training** registration is now open.

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy (IJPT)**. **Please see below for an updated list of online articles.**

We value your support in advertising your products and services through Playground Magazine. Please note the deadline for advertising is February 18th. Please send your ads to **Eva Resovsky** ([eva@catalyst-creative.ca](mailto:eva@catalyst-creative.ca)) at your earliest convenience.

You can access the media kit on the website [here](#).

The first live **Certification Q&A session** was held in December and it was very successful. Please note the next session will be held on **January 19th at 12 noon EST**. The [zoom link](#) is on the [certification standards page](#). Join us and have your questions answered directly by the chair of the certification committee regarding the certification standards and procedures.

**Please remember to renew your CAPT membership if you haven't already done so. It is important to have your membership up to date, especially for those who are Certified Play Therapists.** You should have received your **CAPT membership renewal** notice on Friday, December 10th. Please contact the office if you have not received your notice. For our **CPT's, CPT-S and PTI members**, please do not forget to complete your ethics declaration on your profile as well.



**Child and Family Therapist - Play Therapy  
Permanent Full Time  
Aurora, Ontario  
Application deadline: January 31, 2022**

Child and Family therapists provide counselling to children/youth up the age of 18, and their families. Therapists address a range of mental health issues, including emotional, behavioural and/or psychiatric symptoms that may be impacting functioning at home, school, socially or in the community. Intervention strategies are determined following a thorough intake and assessment.

**Position overview:**

York Hills Centre for Children, Youth and Families, in Aurora, Ontario is seeking an experienced clinician who will join our community clinical team to provide play therapy assessment and treatment for children and families, as well as to facilitate groups and workshops for York Hills clients.

This position is ideal for an experienced, talented and motivated clinician who has expertise working in children’s mental health, play therapy, Theraplay® and who is committed to working collaboratively with children, families, community partners and mental health colleagues. This is a full-time permanent position. Weekly work schedules are flexible in order to provide sessions two evenings per week.

*\*Due to the current COVID-19 pandemic, this is a hybrid position which requires the Play Therapist to be comfortable and willing to deliver tele-play therapy, as well as in person therapy under the guidance of agency guidelines and York Region Public Health directives.*

For the full position description and information on how to apply, [please click here](#)

Please forward inquiries regarding this posting to Janet MacQuarrie, [macquarrie@yorkhills.ca](mailto:macquarrie@yorkhills.ca)



## CAPT Playground Magazine

The Fall 2021 issue of Playground Magazine is chock full of articles to help you in your work. All past issues of Playground Magazine are [available online](#). Why not browse through them when you have a few minutes to spare. In the meantime, here are a couple of articles from the current issue of Playground Magazine you might find interesting. The theme of the current issue is trauma.

**NEW - Trauma-Informed Virtual Reality Play Therapy**

By definition, virtual reality encompasses the sense, the body, and the mind. The user's mind and body perceives a reality of existence in the environment. If we sit with that for a moment, the impact and implications are innumerable. As clinicians, we can choose and/or create environments which support and propel treatment goals forward, based on case conceptualization. As clients, tVR allows for interaction, creation, exploration, and expression of different roles, environments, approaches, coping skills and styles, and so much more. [Read the full article on page 13 here](#)

**NEW - Trauma Literature Review from CACPT Playground Fall/Winter 2015, 2016 and 2017**

As we learn more about the brain and the development of children, we start to understand more why children act the way they do. Since children often lack the insight and language skills to explain to us how they feel, we can rely on their language, play, to begin to see into their worlds. One of the most common themes that we observe in our playroom is trauma. We have

created a review of past articles written by members of CAPT to help us synthesize the brilliant work of our colleagues This article addresses three important aspects of play therapy with traumatized children to help us guide our interventions. 1. Understanding trauma and how it shows up in play. 2. Strategies to help families heal after trauma has occurred and 3. How play therapy and Theraplay can be used with the First Nations community. [Read the full article on page 17 here](#)

---

## **CAPT Foundation Play Therapy Training - Registration is Now Open**

The CAPT Foundation Play Therapy Training offers individual days of unique training in the theory and practice of play therapy. Students can complete the 180 hours of continuing education credits at a pace and time that they choose. The 180 hours are one of the steps needed to become a Certified Play Therapist. The program instructors are professional skilled play therapists who bring expertise on a wide variety of topics.

Due to Covid-19 all CAPT training will be delivered online with live instructor leads. Foundation Play Therapy Training is scheduled for the following dates:

May 9-20 (Monday -Friday)

June 13-24 (Monday - Friday)

August 1-12 (Monday - Friday)

For details on dates, full training outlines and learning outcomes [\*\*\*please click here to access the CAPT website.\*\*\*](#)

## **CAPT Marketplace**

Did you know CAPT has merchandise available for purchase?

[Purchase](#) the fun "Mop Top Pens" for your office and clients. They are fun and they come in two different skin tones. [Click here to view them and to order.](#)

[Purchase](#) CAPT brochures to promote the profession of Play Therapy as well as your professional association. Why Play? Why Play Therapists? Why Play Therapy? [Click here to view the brochure and to order.](#)



## **American Psychological Association APA Journals in APA PsycArticles®**

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy (IJPT)** for over 25 years. These articles are peer reviewed so they are the best of the best. Here are some of the latest and greatest. Enjoy.

**Online Access to APA journals:** If you are not a member of the American Psychological Association or do not have a current account with the APA, go to <https://my.apa.org> and click on "Create an Account" and enter the email address you used to sign up with CAPT as your user name and create a password.

The password will need to be 8-14 characters long, with a mix of letters, numbers or symbols. If you are a member of the American Psychological Association or if you already have an established login account with the APA, go to <https://my.apa.org> and login with your current user name and password. Once you're logged on, scroll down to the area designated as "Subscriptions."

Under Subscriptions scroll down to the section "Journals," where *your journal* is listed, then click on your journal to view it. From here you can view the citation and full text of any article published in the journal. Please note that you will be able to browse all of the journals in APA's PsycARTICLES database; however, you will have access to the full text of only those to which you subscribe.

Impact of play therapy training on students in counselor preparation programs.

Smith, Elyssa B.; Carnes-Holt, Kara; McKim, Courtney A.; Barrows, Madeline - 3/18/2021 - Volume 31, Issue 1

[Read More >>](#)

The developmental journey of child-centered play therapists: A phenomenological study.

Brooks, Tiffany P.; Cochran, Jeff L.; Cochran, Nancy H.; Johnson, Marlon; Tebo, Katherine - 3/8/2021 - Volume 31, Issue 1

[Read More >>](#)

Fostering a university partnership using play therapy in schools: Lessons learned.

Dillman Taylor, Dalena L.; Thompson, Kaleb A.; Russell, Bethany; Meany-Walen, Kristin - 7/22/2021 - Volume 31, Issue 1

[Read More >>](#)

The adult public's perception of the utility of play therapy.

Hindman, Margaret L.; Perryman, Kristi L.; Robinson, Samantha E. - 7/22/2021 - Volume 31, Issue 1

[Read More >>](#)

A case application of Adlerian play therapy with teachers to combat burnout and foster resilience.

Born, Staci L.; Fenster, Kathryn A. D. - 7/22/2021 - Volume 31, Issue 1

[Read More >>](#)

Therapists' experiences of play therapy with Muslim families in Western Countries: The importance of cultural respect.

Casey, Samantha; Moss, Simon; Wicks, Joanne - 3/11/2021 - Volume 31, Issue 1

[Read More >>](#)

---

**Contact us:**

**CAPT Head Office: 905 686 3372 [tracy@cacpt.com](mailto:tracy@cacpt.com)**

**Training Manager: 226 821 1056 [kip@cacpt.com](mailto:kip@cacpt.com)**

**Executive Director: 226 821 1056 [elizabeth@cacpt.com](mailto:elizabeth@cacpt.com)**