



CAPT News

The CAPT Board of Directors will be meeting on Saturday, November 20th to continue their strategic planning work. The plans will be shared with the membership as soon as they are confirmed, but we want to assure you, your Board of Directors is hard at work.

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy (IJPT)**. **Please see below for an updated list of online articles.**

You should have received the Fall 2021 issue of **Playground Magazine** by now. If you have not, please contact the office and let us know. **Please see below for two featured articles from this issue.**

The deadline to submit an application for the **CAPT Research Award** is November 19th. Please see below for more information on the research award.

The Child Development Centre in Whitehorse, Yukon is hiring a **Developmental Therapist/Play Therapist**. This is a full time term position beginning December 2021 – June 2023 with possibility of an extension. The closing date for applications is November 22nd. [Click here for full details.](#)

CAPT Research Award for Active Research in Play Therapy Deadline for Submission: November 19, 2021

PURPOSE: The mission of CAPT is to promote the value of play, play therapy and Certified Play Therapists in Canada.

CAPT will award one research grant of \$1,000 to a project involving current research in the area of play and play therapy for 2022. The Award is approved by an Ethics Board.

Applications must be received by CAPT no later than November 19, 2021 and the study or a report of the study is to be completed and submitted by September 1, 2022.

A decision regarding grant applications will be made by the Research Committee by December 30, 2021.

For information and an Application Form please contact:
Elizabeth A. Sharpe, Executive Director, [**elizabeth@cacpt.com**](mailto:elizabeth@cacpt.com).



CAPT Playground Magazine

The Fall 2021 issue of Playground Magazine is chock full of articles to help you in your work. All past issues of Playground Magazine are [available online](#). Why not browse through them when you have a few minutes to spare. In the meantime, here are a couple of articles from the current issue of Playground Magazine you might find interesting. The theme of the current issue is trauma.

Recognizing, Assessing and Working with Dissociation in Children and Youth

Interest in trauma focused and informed care in clinical professions has grown since 2000. Despite the fact that complexly traumatized individuals make up high percentages of caseloads in child welfare settings as well as clinical mental-health settings, professional training lacks much needed attention to understanding and working with post-traumatic responses including dissociation. [Read the full article on page 4 here](#)

Integrating Neuro-experiential Interventions with Sandtray for Trauma Treatment

Sandtray is a well-known form of play therapy that utilizes miniatures, sand, water, and a container known as a sandtray. Sandtray is utilized with children, teens, adults, couples, groups and families and is utilized as a form of communication where words are not necessary to access implicit memories since miniatures become symbols of experiences. Sandtray can be helpful in creating the safe distance and physical boundaries often needed in the face of emotional pain. [Read the full article on page 10 here](#)

CAPT Marketplace

Did you know CAPT has merchandise available for purchase?

[Purchase](#) the fun "Mop Top Pens" for your office and clients. They are fun and they come in two different skin tones. [Click here to view them and to order.](#)

[Purchase](#) CAPT brochures to promote the profession of Play Therapy as well as your professional association. Why Play? Why Play Therapists? Why Play Therapy? [Click here to view the brochure and to order.](#)

Upcoming Trainings

CPTs, CPT-s' and PTI's are required to obtain 12 hours of continuing education every year in order to maintain certification with CAPT. This continuing education must be related to the theory and practice of child psychotherapy/play therapy.

It is important for you to remember that 4 hours of the 12 have to be CAPT sponsored training.

This can include CAPT annual conference, CAPT Approved Provider training as well as CAPT training. CEU is calculated as 1 CEU per hour of training.

We encourage you to utilize this final workshop of 2021 to help with your continuing education requirements for this year.

As well, to encourage registration, you will receive one ballot per registration per workshop to win a beautiful sand tray, donated by Sand Trays Etc. (www.sandtrays.ca). We sincerely want to thank Sand Trays Etc. for supporting the members of CAPT with this donation.



Playing with Gender in the Play Therapy Space or Supporting Gender Inquiry in Play Therapy

This two-day certificate will engage participants in a journey of self-reflection investigating how their play therapy practice supports gender inquiry and curiosity for children, youth and families.

Participants will engage in a bias survey, hear from a trans adult about their service experiences, review their forms and spaces from the lens of inclusion and engage in play experiences that support gender discovery and identity. World Association for Trans Health standards will be reviewed and discussed in relation to applicability to the field of Play Therapy.

November 13 & 14, 2021
9:00 - 3:30 EST

[Click here for more details](#)

[Click here to register for this event](#)



AMERICAN PSYCHOLOGICAL ASSOCIATION

American Psychological Association

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy (IJPT)** for over 25 years. These articles are peer reviewed so they are the best of the best. Here are some of the latest and greatest. Enjoy.

Online Access to APA journals: If you are not a member of the American Psychological Association or do not have a current account with the APA, go to <https://my.apa.org> and click on "Create an Account" and enter the email address you used to sign up with CAPT as your user name and create a password.

The password will need to be 8-14 characters long, with a mix of letters, numbers or symbols. If you are a member of the American Psychological Association or if you already have an established login account with the APA, go to <https://my.apa.org> and login with your current user name and password. Once you're logged on, scroll down to the area designated as "Subscriptions."

Under Subscriptions scroll down to the section "Journals," where *your journal* is listed, then click on your journal to view it. From here you can view the citation and full text of any article published in the journal. Please note that you will be able to browse all of the journals in APA's PsycARTICLES database; however, you will have access to the full text of only those to which you subscribe.

Introduction to the 30th Anniversary Special Issue on play therapy with military families.

Hudspeth, Edward F. - 9/13/2021 - Volume 30, Issue 4

[Read More >>](#)

Culturally responsive play therapy with military-connected children and families: Opportunities for rigorous research.

Burgin, Elizabeth E.; Prosek, Elizabeth A. - 3/4/2021 - Volume 30, Issue 4

[Read More >>](#)

Serving together: Play therapy to foster attachment for grieving military families.

Villarreal-Davis, Christina E.; Watts-Figueroa, Christina M.; Turner,

Renee - 9/13/2021 - Volume 30, Issue 4

[Read More >>](#)

Healing from adverse childhood experiences through therapeutic powers of play: "I can do it with my hands".

Pliske, Michelle M.; Stauffer, Sarah D.; Werner-Lin,

Allison - 7/29/2021 - Volume 30, Issue 4

[Read More >>](#)

Exploring the impact of child-centered play therapy for children exhibiting behavioral problems: A meta-analysis.

Parker, Maggie M.; Hunnicutt Hollenbaugh, K. Michelle; Kelly, Catherine

T. - 7/29/2021 - Volume 30, Issue 4

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