



CAPT News

The CAPT Board of Directors met on Saturday, September 18th for a full day of strategic planning. The plans will be shared with the membership as soon as they are confirmed, but we want to assure you, your Board of Directors is hard at work (see picture above).

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy (IJPT)**. **Please see below for an updated list of online articles.**

Playground Magazine Fall 2021 issue is at the printers right now. Look in your mail in the next couple of weeks for the upcoming issue with a focus on Trauma.

Fort Smith, NT is recruiting Child and Youth Counsellors. [Click here](#) to read more about this opportunity.

Happy Autumn.



Centre for Counselling & Community Safety IS OFFERING:

PLAY THERAPY 1: THE THERAPEUTIC POWER OF PLAY

PLAY THERAPY 2: THE THERAPEUTIC POWER OF PLAY

DATES: NOVEMBER 1 - 4, 2021

**LOCATION: JIBC NEW WESTMINSTER, BC CAMPUS
(IN-PERSON, IN-CLASS COURSES)**

INSTRUCTOR: CHRISTOPHER CONLEY, MA, RCC, RMFT, CPT-S

PLAY THERAPY 1: THE THERAPEUTIC POWER OF PLAY, NOVEMBER 1-2, 2021

You will receive an understanding of play therapy foundations, the intake and assessment process and how to set up a playroom. You will learn to establish rapport with the child and parents, directive versus non-directive approaches, as well as learn about attachments in play therapy. This introductory course is for mental health therapists, psychologists, clinical social workers, family therapists, school counsellors, and child care workers working with children and youth between 3-17 years old.

PLAY THERAPY 2: THE THERAPEUTIC POWER OF PLAY NOVEMBER 3-4, 2021

This course builds on Play Therapy 1. You will learn how to effectively recommend play therapy to caregivers, how to conduct sessions, and how to recognize themes. Through five teaching modalities; didactic material, video demonstrations, live demonstrations, case studies, and experiential role-plays; the learner will experience how to adapt play therapy for young children and adolescents, and how to overcome resistance and manage aggression in the playroom.

Announcing: CAPT Research Award for Active Research in Play Therapy

PURPOSE: The mission of CAPT is to promote the value of play, play therapy and Certified Play Therapists in Canada.

CAPT will award one research grant of \$1,000 to a project involving current research in the area of play and play therapy for 2022. The Award is approved by an Ethics Board.

Applications must be received by CAPT no later than November 19, 2021 and the study or a report of the study is to be completed and submitted by September 1, 2022.

A decision regarding grant applications will be made by the Research Committee by December 30, 2021.

For information and an Application Form please contact:
Elizabeth A. Sharpe, Executive Director, elizabeth@cacpt.com.

Submit inquiries to: Dr. Nancy Riedel Bowers CPT-S, nrbowers@aol.com
Chair of the CAPT Research Committee

CAPT Marketplace

Did you know CAPT has merchandise available for purchase?

Purchase the fun "Mop Top Pens" for your office and clients. They are fun and they come in two different skin tones. [Click here to view them and to order.](#)

Purchase CAPT brochures to promote the profession of Play Therapy as well as your professional association. Why Play? Why Play Therapists? Why Play Therapy? [Click here to view the brochure and to order.](#)

Upcoming Trainings

CPTs, CPT-s' and PTI's are required to obtain 12 hours of continuing education every year in order to maintain certification with CAPT. This continuing education must be related to the theory and practice of child psychotherapy/play therapy.

It is important for you to remember that 4 hours of the 12 have to be CAPT sponsored training. This can include CAPT annual conference, CAPT Approved Provider training as well as CAPT training. CEU is calculated as 1 CEU per hour of training.

We encourage you to utilize these three workshops to help with your continuing education requirements for this year.

As well, to encourage registration, you will receive one ballot per registration per workshop to win a beautiful sand tray, donated by Sand Trays Etc. (www.sandtrays.ca). Register for both workshops and you will receive two ballots. We sincerely want to thank Sand Trays Etc. for supporting the members of CAPT with this donation.





Mobile Play Therapy:

Techniques for Providing Play Therapy in Alternative Settings

This one-day course will teach Play Therapy practitioners how to provide Play Therapy in various settings, including schools, homes, and other locations outside the traditional office space. Considerations such as coordinating with professionals in different settings, ethical issues, adapting Play Therapy techniques to different settings, how to select toys and prepare your own mobile toy kit will be discussed.

October 23, 2021

9:00 - 3:30 EST

[Click here for more details](#)

[Click here to register for this event- NEW LINK](#)



Playing with Gender in the Play Therapy Space or Supporting Gender Inquiry in Play Therapy

This two-day certificate will engage participants in a journey of self-reflection investigating how their play therapy practice supports gender inquiry and curiosity for children, youth and families.

Participants will engage in a bias survey, hear from a trans adult about their service experiences, review their forms and spaces from the lens of inclusion and engage in play experiences that support gender discovery and identity. World Association for Trans Health standards will be reviewed and discussed in relation to applicability to the field of Play Therapy.

November 13 & 14, 2021

9:00 - 3:30 EST

[Click here for more details](#)

[Click here to register for this event- NEW LINK](#)



American Psychological Association

APA Journals in APA PsycArticles®

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy** (IJPT) for over 25 years. These articles are peer reviewed so they are the best of the best. Here are some of the latest and greatest. Enjoy.

Online Access to APA journals: If you are not a member of the American Psychological Association or do not have a current account with the APA, go to <https://my.apa.org> and click on "Create an Account" and enter the email address you used to sign up with CAPT as your user name and create a password.

The password will need to be 8-14 characters long, with a mix of letters, numbers or symbols. If you are a member of the American Psychological Association or if you already have an established login account with the APA, go to <https://my.apa.org> and login with your current user name and password. Once you're logged on, scroll down to the area designated as "Subscriptions."

Under Subscriptions scroll down to the section "Journals," where *your journal* is listed, then click on your journal to view it. From here you can view the citation and full text of any article published in the journal. Please note that you will be able to browse all of the journals in APA's PsycARTICLES database; however, you will have access to the full text of only those to which you subscribe.

[Introduction to the 30th Anniversary Special Issue on play therapy with military families.](#)

Hudspeth, Edward F. - 9/13/2021 - Volume 30, Issue 4

[Read More >>](#)

[Culturally responsive play therapy with military-connected children and families: Opportunities for rigorous research.](#)

Burgin, Elizabeth E.; Prosek, Elizabeth A. - 3/4/2021 - Volume 30, Issue 4

[Read More >>](#)

[Serving together: Play therapy to foster attachment for grieving military families.](#)

Villarreal-Davis, Christina E.; Watts-Figueroa, Christina M.; Turner, Renee - 9/13/2021 - Volume 30, Issue 4

[Read More >>](#)

[Healing from adverse childhood experiences through therapeutic powers of play: "I can do it with my hands".](#)

Pliske, Michelle M.; Stauffer, Sarah D.; Werner-Lin, Allison - 7/29/2021 - Volume 30, Issue 4

[Read More >>](#)

[Exploring the impact of child-centered play therapy for children exhibiting behavioral problems: A meta-analysis.](#)

Parker, Maggie M.; Hunnicutt Hollenbaugh, K. Michelle; Kelly, Catherine T. - 7/29/2021 - Volume 30, Issue 4

[Read More >>](#)

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