



CAPT Certification News

Dear CAPT members:

The Certification committee has received many inquiries from you in various aspects of certification standards and procedures over the years. We have listened carefully to the concerns and suggestions you have communicated to us, and we embarked on the major project of rewriting the entire CPT application package two years ago.

After much dedicated work from the committee members (Krysteli Needham, Betty Bedard-Bidwell, Claire Milgrom, Nicole Hotson, Hannah Sun-Reid), and 15 drafts later, we have finally completed the package. All the changes in the certification standards have been approved by the CAPT board.

We aim to make the standards and procedures simple, clear, and logically sound. Please take some time to review the [certification standards and procedures](#) on the CAPT website. As well, the certification forms you will need to complete your [application for certification or a file review](#) have also been updated.

To better support you in your certification journey, we are offering a pilot monthly Q&A hour, via Zoom, to answer any questions you may have regarding the certification standards and procedures.

The first Q&A session will be on **December 1st 12 noon EST**. Please register to have your questions answered directly by the chair of the certification committee.

If you would like to participate in the virtual Certification Q & A session, please email tracy@cacpt.com and she will add your name to the list and send you the zoom link.

Thank you for your ongoing support and trust.

Hannah Sun-Reid, MA, MDE, CPT-S, CTT, CTS, CTT, CDDPT, RP
CAPT Certification Committee Chair

**CAPT Research Award for Active Research in Play Therapy
Deadline for Submission: November 19, 2021**

PURPOSE: The mission of CAPT is to promote the value of play, play therapy and Certified Play Therapists in Canada.

CAPT will award one research grant of \$1,000 to a project involving current research in the area of play and play therapy for 2022. The Award is approved by an Ethics Board.

Applications must be received by CAPT no later than November 19, 2021 and the study or a report of the study is to be completed and submitted by September 1, 2022.

A decision regarding grant applications will be made by the Research Committee by December 30, 2021.

For information and an Application Form please contact:
Elizabeth A. Sharpe, Executive Director, elizabeth@cacpt.com.

Submit inquiries to: Dr. Nancy Riedel Bowers CPT-S, nriedel@wlu.ca
Chair of the CAPT Research Committee



CAPT Playground Magazine

The Fall 2021 issue of Playground Magazine is chock full of articles to help you in your work. All past issues of Playground Magazine are [available online](#). Why not browse through them when you have a few minutes to spare. In the meantime, here are a couple of articles from the current issue of Playground Magazine you might find interesting. The theme of the current issue is trauma.

Recognizing, Assessing and Working with Dissociation in Children and Youth

Interest in trauma focused and informed care in clinical professions has grown since 2000. Despite the fact that complexly traumatized individuals make up high percentages of caseloads in child welfare settings as well as clinical mental-health settings, professional training lacks much needed attention to understanding and working with post-traumatic responses including dissociation. [Read the full article on page 4 here](#)

Integrating Neuro-experiential Interventions with Sandtray for Trauma Treatment

Sandtray is a well-known form of play therapy that utilizes miniatures, sand, water, and a container known as a sandtray. Sandtray is utilized with children, teens, adults, couples, groups and families and is utilized as a form of communication where words are not necessary to access implicit memories since miniatures become symbols of experiences. Sandtray can be helpful in creating the safe distance and physical boundaries often needed in the face of emotional pain. [Read the full article on page 10 here](#)

CAPT Marketplace

Did you know CAPT has merchandise available for purchase?

[Purchase](#) the fun "Mop Top Pens" for your office and clients. They are fun and they come in two different skin tones. [Click here to view them and to order.](#)

[Purchase](#) CAPT brochures to promote the profession of Play Therapy as well as your professional association. Why Play? Why Play Therapists? Why Play Therapy? [Click here to view the brochure and to order.](#)



American Psychological Association APA Journals in APA PsycArticles®

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy** (IJPT) for over 25 years. These articles are peer reviewed so they are the best of the best. Here are some of the latest and greatest. Enjoy.

Online Access to APA journals: If you are not a member of the American Psychological Association or do not have a current account with the APA, go to <https://my.apa.org> and click on "Create an Account" and enter the email address you used to sign up with CAPT as your user name and create a password.

The password will need to be 8-14 characters long, with a mix of letters, numbers or symbols. If you are a member of the American Psychological Association or if you already have an established login account with the APA, go to <https://my.apa.org> and login with your current user name and password. Once you're logged on, scroll down to the area designated as "Subscriptions."

Under Subscriptions scroll down to the section "Journals," where *your journal* is listed, then click on your journal to view it. From here you can view the citation and full text of any article published in the journal. Please note that you will be able to browse all of the journals in APA's PsycARTICLES database; however, you will have access to the full text of only those to which you subscribe.

Introduction to the 30th Anniversary Special Issue on play therapy with military families.

Hudspeth, Edward F. - 9/13/2021 - Volume 30, Issue 4

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Culturally responsive play therapy with military-connected children and families: Opportunities for rigorous research.

Burgin, Elizabeth E.; Prosek, Elizabeth A. - 3/4/2021 - Volume 30, Issue 4

[Read More >>](#)

Serving together: Play therapy to foster attachment for grieving military families.

Villarreal-Davis, Christina E.; Watts-Figueroa, Christina M.; Turner, Renee - 9/13/2021 - Volume 30, Issue 4

[Read More >>](#)

Healing from adverse childhood experiences through therapeutic powers of play: "I can do it with my hands".

Pliske, Michelle M.; Stauffer, Sarah D.; Werner-Lin, Allison - 7/29/2021 - Volume 30, Issue 4

[Read More >>](#)

Exploring the impact of child-centered play therapy for children exhibiting behavioral problems: A meta-analysis.

Parker, Maggie M.; Hunnicutt Hollenbaugh, K. Michelle; Kelly, Catherine T. - 7/29/2021 - Volume 30, Issue 4

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