

# Belief of Therapeutic Play

This therapeutic play program is based on the belief: *“that every child has the right to rest and leisure, to engage in play and recreational activities appropriate to the age of the child and to participate freely in cultural life and the arts(Article 31: Convention on the rights of the child)”*.

# Why Take this Relational Therapeutic Play Certificate?



# What is Therapeutic Play?

Therapeutic play is used as a means of helping children express or communicate their feelings, increase skills, and interact with peers in a developmentally and culturally supportive way that also prevents or overcomes psycho-social problems (Mochi, 2018).

# What is a Child and Youth Care Practitioner?

**Child and Youth Care (CYC)** is a profession which focuses on the developmental needs of children and families within the space and time of their daily lives (Stuart, 2013).

“In child and youth care, every competency we practice is connected to the relationships we develop with children , youth, families and communities ( Fraser, Ventrella, 2019)”.

Stuart, C. (2013). Foundations of child and youth care. Dubuque: Kendall Hunt

Fraser, T., Ventrella, M.(2019). A tapestry of relational child and youth care practice. Toronto, Ont. Canadian Scholars Press.

Though this certificate directly address' the competencies of Child and Youth Care work:

The principles of Relational Therapeutic Play and the Therapeutic Powers of Play can enhance the professional work of :

- Nurses
- Teacher's Aids
- Community Workers
- Social Service Workers
- Treatment Foster Parents
- Case Managers

# Why CYC –P Certification?

- CYCCB certification is a response by the CYC professional community to promote widely supported standards of practice coupled with research-based competence demonstration. The work of CYCCB and its partners has revolutionized the profession by creating a widely recognized vision of the field with a clear definition of a unified profession composed of discrete practice settings. These settings share core knowledge, skill competencies and ethical standards while maintaining the uniqueness demanded by work in varying application environments.
- Certified practitioners are professionals sanctioned by the professional CYC community. Engaging in the certification process inter-connects practitioners, promotes higher standards of practice, and opens opportunities for meaningful contribution in creating a world where competent, compassionate and caring CYC professionals are available to the millions of children, youth, and families in our world community

Retrieved August 2, 2019 from: <https://www.cyccb.org/>

# Professional Level CYC Certification

The Professional Level CYC Certification is designed for practitioners who demonstrate the full range of knowledge and skills described in the five domains of the CYC competency document. This is the highest certification level in the field and is based on extensive demonstration of competence.

<https://www.cyccb.org/images/pdf-forms/Professional-Level-Description.pdf>

# CYCCB Certification Professional Training Requirement

Applicant documents at least 250 hours training in the following CYC competency domains:

- Professionalism 20 hours
- Cultural and human diversity 20 hours
- Applied human development 20 hours
- Relationship and communication 40 hours
- Developmental practice methods 80 hours
- Other (not assigned to specific domain) 70 hours



This program addresses the following Professional Training hours for CYCB certification.

- Professionalism 10/20 hours
- Cultural and human diversity 10/20 hours
- Applied human development 10/20 hours
- Relationship and communication 10/40 hours
- Developmental practice methods 10/80 hours
- Capstone (not assigned to specific domain) 24 hours

Total 74 hours /250 hours

# FACT – Federation of Associations of Counselling Therapists of Alberta

Competencies reviewed will also align with entry to practice competencies identified with Federation of Counselling Therapists of Alberta for Child and Youth Care Counsellors. This regulatory college will begin member application in August 2019.

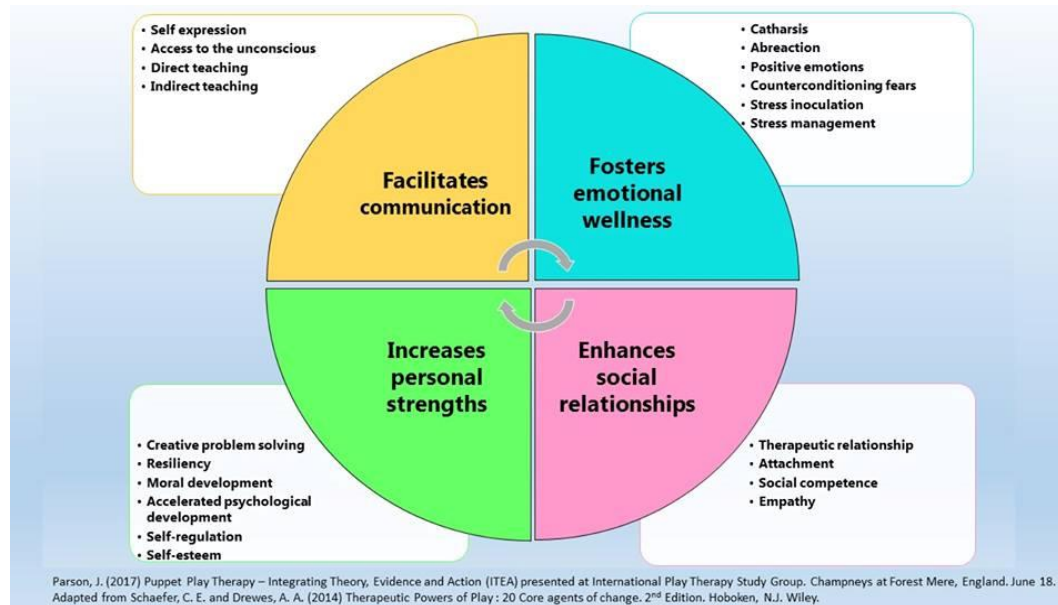
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<https://static1.squarespace.com/static/5c93c5db51f4d4c50094672d/t/5c9d6dfae5e5f0ada722f53e/1553821179415/CYCC+Competencies+for+Entry+to+Practice+for+the+Profession+of.pdf>

CYCP's engage in therapeutic play with children/youth/families and communities in

- Residential life spaces
- Educational life spaces
- Community life spaces
- Justice life spaces

CYCP's utilize the Therapeutic Powers of Play (Schaefer, Drewes, 2014) with children, youth, families and communities in each of these settings.



[https://cdn.ymaws.com/www.a4pt.org/resource/resmgr/resource\\_center/therapeutic\\_powers\\_of\\_play\\_2.pdf](https://cdn.ymaws.com/www.a4pt.org/resource/resmgr/resource_center/therapeutic_powers_of_play_2.pdf)

# Program Learning Outcomes

## At the end of this certificate participants will:

1. Describe the difference between Relational Therapeutic Play and Play Therapy.
2. Identify how relational therapeutic play can positively impact a child's emotional, physical, social and brain development in various life spaces.
3. Examine how professionalism competencies are practiced in therapeutic play in the life space.
4. Examine how cultural and human diversity competencies are practiced in therapeutic play in the life space .
5. Examine how applied human development competencies are practiced in therapeutic play in the life space .
6. Examine how relationship and communication competencies are practiced in therapeutic play in the life space .
7. Examine how developmental practice method competencies are practiced in therapeutic play in the life space .
8. Synthesize how the therapeutic powers of play are evident in the life spaces of children, youth, families and communities.
9. Identify competencies of strength and competencies that are opportunities for growth as a practitioner who utilizes Relational Therapeutic Play and the Therapeutic Powers of Play in practice.
10. Summarize the benefits of the Therapeutic Powers of Play and Relational Therapeutic Play for children, youth, families and communities in a peer reviewed journal article submission or a poster board presentation for local, provincial, national or international colleagues.
11. Apply APA standards and Universal Design principles to all submitted evaluations.

# Certificate Delivery

Introduction to Therapeutic Play - Prerequisite	Online (Asynchronous)	November
Therapeutic Powers of Play – Prerequisite	Online (Asynchronous)	December
Therapeutic Play and Professionalism	Web (Hybrid)	January
Therapeutic Play and Cultural and Human Diversity	Web (Hybrid)	February
Therapeutic Play and Applied human development	Web (Hybrid)	March
Therapeutic Play and Relationship and Communication	Web (Hybrid)	April
Therapeutic Play and Developmental Practice Methods	Web (Hybrid)	May
Capstone Course – Final Certificate Course	Web (Hybrid)	June- September

# What is my commitment while taking this certificate?

- Have access to internet
- Have access to a computer and computer camera as well as sound cancelling headphones
- Complete the two pre-requisite asynchronous courses before engaging in the web based courses
- Practice professional netiquette both in live and virtual communication opportunities.
- Apply APA standards and Universal Design principles to all submitted evaluations
- Share expertise adhering to positive group and team work best practices