



**2023 Canadian Association for Play Therapy (CAPT) Foundation Play Therapy Training**  
**9:00 a.m. to 3:30 p.m. Eastern Time Zone**

**Theory & Approaches - Weeks 1 and 2 – May 8 - 19, 2023**

DATE	COURSE	DATE	COURSE
May 8, 2023	Introduction to Play Therapy	May 15, 2023	Family Play Therapy
May 9-10, 2023	Play Therapy History, Models and Process	May 16 & 17, 2023	Non-Directive Play Therapy and Filial Therapy
May 11, 2023	Ethical Practice in a Play Therapy Setting	May 18, 2023	Attachment Theory and Therapy in a Play Therapy Setting
May 12, 2023	Assessment & Treatment Planning in a Play Therapy Context	May 19, 2023	Theraplay as a Play Therapy Model

**Techniques - Weeks 3 and 4 – June 12 – 23, 2023**

DATE	COURSE	DATE	COURSE
June 12 & 13, 2023	Sandtray Therapy	June 19 & 20, 2023	Play Therapy with Abused Children Day 1 – Physical and Emotional Abuse Day 2 – Sexual Abuse
June 14, 2023	Brain Research and Child Development in a Play Therapy Setting	June 21, 2023	Creating an Inclusive and Culturally Competent Play Therapy Practice
June 15 & 16, 2023	Understanding Traumatized Children and Applying Play Therapy Tools in the Treatment of Trauma in Children	June 22, 2023	Storytelling in a Play Therapy Session
		June 23, 2023	Understanding and Treating Anxious Children

**Special Populations - Weeks 5 and 6 – August 7 - 18, 2023**

DATE	COURSE	DATE	COURSE
August 7 & 8, 2023	Treating Disruptive Behaviour Problems in a Play Therapy Setting	August 14 & 15, 2023	Play Therapy for Children and Families - Coping with Loss
August 9, 2023	Puppetry in a Play Therapy Setting	August 16, 2023	Case Application
August 10, 2023	Play Therapy with Adults	August 17, 2023	Art Therapy in a Play Therapy Setting
August 11, 2023	Group Therapy	August 18, 2023	Vicarious Trauma and Self Care in a Play Therapy Environment

\*Schedule may be amended to accommodate instructor availability.