

Play Therapy Supervisor Training Course For Potential CAPT Supervisors (CPT-S)

This 14 hr hybrid course will be offered in a webinar format over three (3) sessions on-line and will occur on Sunday evenings:

Students have to attend each live session or repeat this session in the following years.

Time: 5:00 to 8:10 p.m. Eastern Standard Time for web live class and each class also requires 1.5 hour of online coursework which can include advance video review.

Dates: May 21, June 4 and 11, 2023

Readings:

All trainees are required to read **Supervision Can Be Playful** (Drewes, Mullen,2008) as well as **Supervision for the Helping Professions** (Hawkins,Shohet,2000) as well as journal articles that will be provided. **Please order these texts as soon as possible as they can take time to ship. Additional articles will be assigned.**

In order to meet CAPT Supervisor Certification Guidelines, attendees, (in addition to attending this course), will need to obtain 10 hours of direct supervision on the clinical supervisory process. Attendees will be directed to a CAPT Certified Play Therapy Supervisor (CPT-S) that is available to provide this supervision via Skype or face-to-face supervision. It is up to the CPT-S and potential CPT-S to create their own supervisory contract and arrange how supervisory session tapes will be reviewed.

This course will provide trainees with the opportunity to engage in a learning community that focus' on supervision issues and best practices within the Play Therapy field. Trainees will participate in lecture and activity-based learning. Given Supervisors also take on a teaching role with supervisees; all Supervisor trainees will present a thirty-minute theory review as part of sharing their Supervisory Portfolio during Sessions 5-11. Their topic will be assigned to them Week 1 based on a chapter in one of the two identified text- books. In addition to purchasing the textbooks, participants require reliable internet, a computer and sound cancelling microphone (Mute mechanism). **Books should be ordered as soon as registration is completed.**

About the Trainer:

Theresa Fraser CYC-P, M.A., CPT-S

Theresa has been a supervisor of Helping Professionals since 1983 first in her role as a Child and Youth Worker in mental health settings, then as a Supervisor of a Community Mental Health Program for Adults. She has supervised Treatment Foster Home Case Managers and Play Therapy Interns since 2000 as an approved non-certified CAPT Supervisor and later as a CPT-S.

Theresa has attended Supervisor's training in Canada and the UK in order to gain her Certified Supervisor status with CAPT. She is also a supervisor for therapists wanting to be credentialed in New Brunswick, Nova Scotia and Prince Edward Island.

Theresa has taught Supervision workshops for CYC's, Front Line Child Welfare Supervisors and has co-facilitated a Supervision Workshop in February 2012 at the Michigan Association of Child and Play Therapy. Theresa has written articles about Supervision for the Ontario Association of Child and Youth Counselors Newsletter as well as book chapters.

Attendees are required to provide:

- proof of membership in the Canadian Association for Child and Play Therapy CAPT;
- completed tasks and skills checklist identifying personal strengths and goals of being in the Supervisory role
 - **(checklist provided to participants in the first session);**
- proof of completion of a Master's degree in a mental health discipline or a Medical Degree from an accredited institution; and
- provision of supervision in their current place of employment.

Training Objectives

When participants complete this course they will be able to:

1. distinguish between play therapy supervision and play therapy consultation
2. distinguish between various supervision models that can be utilized in Play Therapy Supervision.
3. discuss the importance and impact of diversity in play therapy supervisory relationships and service provision
4. distinguish between ethical and legal issues that impact clinical play therapy supervision/consultation
5. discuss the required paperwork to practice as a CPT-S.
6. practice techniques and skills that can be used to develop effective Play Therapy supervisory relationships via role play
7. Identify their own supervisory style