



ANNUAL REPORT
CANADIAN ASSOCIATION FOR PLAY THERAPY (CAPT)

2021

Vision

The Canadian Association for Play Therapy believes in the value of play therapy and its contribution to an individual's mental, emotional, social, and psychological well-being. The Association believes in advancing and promoting the understanding and value of play therapy, high standards of professional and ethical practice and advocating for our membership. The Association maintains a strong, professional organization and promotes professional training and current research in play therapy.

Core Values

Connections/outreach

Growth and advocacy

Inclusion and respect

Education, ethics, and professionalism

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CAPT FINANCE REPORT

Year End 2021

The past year has been an okay year for CAPT overall. Our Levels training program in the summer had a great turnout, aided by the fact that we were able to again offer them online. This allowed us to have a great variety of students from various parts of the world access this training. We did not have to have spend the money on the rentals of the facility space and other costs associated with this.

Expenses that went out over the year were for the usual instructors' fees, Playground magazine, office expenses, as well as any workshops that were run. We have also the usual expenditures for our various awards that are given on a yearly basis, with the introduction of a new award that will be presented at the AGM.

Looking forward; our Association needs to continue to promote our training sessions and workshops, as we want to maintain our level of revenue and creating excellent content.

The Fall of 2021, we did not offer the RTP program, and look forward to continuing this for the benefits of the CAPT.

We also want to continue to build up our reserves and have a solid foundation to anticipate any unexpected needs that may arise.

Respectfully Submitted by:

Helena Kogas, Treasurer, CAPT

On behalf of the CAPT Board of Directors 2021.

CERTIFICATION COMMITTEE

The current Certification committee members include Betty Bedard-Bidwell, CPT-S , Claire Milgrom, CPT-S , Krysteli Needham, CPT, Nicole Hotson, CPT-S and Hannah Sun-Reid, CPT-S

We have been meeting monthly and working through via email communications. We are reporting to the CAPT members for the following committee work:

1. We have reviewed many certification applications, and certified 9 applicants for CPT and 3 for CPT-S in the year 2021. We have also reviewed and certified 5 applicants for CPT since January 2022. Congratulations to the following members on your hard work and achievements!

Emily Smith, CPT, Cambridge, ON
Eliane Wanner Van Osch, CPT, 100 Mile House, BC
Taryn Barnes, CPT, Bright's Grove, ON
Carolyn Lynch, CPT, Whitecourt, AB
Alma Shea-Royal, CPT, Calgary, AB
Alexa Tyler, CPT, Kamloops, BC
Heather Swigger, CPT, Mississauga, ON
Stephanie Rabenstein, CPT, London, ON
Aimee VanKoughnett, CPT, Kitchener, ON
Ruth Wilgress, CPT, Gravenhurst, ON
Anna Raworth, CPT, Hamilton, ON
Kristi Forbes, CPT, Fort McMurray, AB
Danny Seto, CPT, Richmond Hill, ON
Kimberley Sesink, CPT, Edmonton, AB
Nicole Hotson, CPTS, Thunder Bay, ON
Danielle Boyer, CPTS, Drayton Valley, AB
Stephanie Bozzer, CPTS, Edmonton, AB

2. We have finally completed the CPT Certification Standards and Procedures. We continue to review and update this document based on members' feedbacks.
3. We have developed a "How to Guide" for members on how to complete the application documents. This is a detailed guide that explains all the requirements for completing each form and has been based on the frequently asked questions the certification committee receives. Our vision was to create a centralized space where instructions were clear and easy to follow.
4. We now offer regularly scheduled virtual Q & A sessions for members where all certification related questions can be asked. During these Q & A sessions, members can ask, discuss, and have their specific and personally relevant questions answered. This is a great way to build community and connect with the certification committee. We have had tremendous success and hope that more members will join us during these sessions.
5. We have responded to multiple email inquiries regarding certification standards and procedures, and

conducted phone conversations with members.

6. We are currently working on updating and finalizing the Supervisor's Resource Book. This is a manual that has been in the making for several years. We hope to have it available to the CAPT supervisors within the next few months.

In summary, we, a group of compassionate and dedicated CAPT volunteers, are grateful to be trusted by CAPT members to do the work to support our members, and we will continue to work diligently to support our members in matters related to certification.

*Respectfully submitted by: Hannah
Sun-Reid,
Chair, Certification Committee*

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EDUCATION COMMITTEE

The Education committee meets almost monthly throughout the year and currently has 5 members: Ann, Margot, Betty, Ryan, and Jodie.

This year we have worked on the following:

1. We have taken all of the feedback from previous foundation training and reviewed the foundation program, made some changes to integrate the information;
 - a. We added a day on ethics into the foundation training.
 - b. We separated the training into 2 weeks at a time, rather than the previous 6 weeks in a row.
 - c. We made slight changes to the subjects being offered, integrating having both theory and application of theory into the 2 weeks.
2. Overall, online learning has been very successful over the past 2 years and there are currently 10 people who are registered to attend all 6 weeks for 2022
3. We also reviewed 7 Certificate program submissions. The increased submissions speaks to membership involvement and engagement. 3 proposals were chosen for 2022
4. As 3 members of the committee are retiring, the Education committee is working on capacity building, inviting more members to join and have contacted previous individuals who expressed interest and will be contacting them to join.
 - a. Members Terms Completed. Thank you Ann, Betty and Margo for years of supporting the Ed committee.
 - b. Reviewing emails/resume for new Education Committee Members for May 2022.
5. We also will be having proposal requests to be sent out to members for foundation training in 2023 and looking for feedback from instructors on potentially having future instructors co-facilitate some trainings

*Respectfully submitted by
Jodie Hiebert, MSW RSW, CPT-S
Chair, Education Committee*

MEMBERSHIP COMMITTEE

The membership committee has new members, consisting of Lindsay Crowe, Helena Kogas, and Kenda Riggs.

The committee will be reviewing membership renewals for expression of interest to engage new committee members, with a focus on increasing member engagement. There will be efforts focused on a new member welcome program, as well as member outreach for non-renewals. With emphasis on member engagement, there has been discussion regarding more engagement with the membership through such mediums as the Playground Magazine and the CAPT e-Newsletter. Growing membership perks is a priority for the committee. Finally, the Committee are in the process of approving policy changes regarding lapsed membership renewals.

The Committee is a high-energy committee, and the Chair of this Committee will be Lindsay Crowe. The Committee will be setting regularly scheduled meetings following the AGM.

If you are interested in joining the Membership Committee, we would love to hear from you.

*Respectfully submitted by the Membership Committee:
Lindsay Crowe, Helena Kogas, and Kenda Riggs*

RESEARCH COMMITTEE

This report of the CAPT Research committee highlights the CAPT Research Award process that continues with advertising each year and reviewing of applications.

At the end of September, CAPT began promoting the 2022 research grant. It was announced that ACPT will award one research grant of \$1,000 to a project involving current research in the area of play and play therapy for 2022. The deadline to receive applications was November 19th.

We can report that we received two applications.

We are pleased to report that on behalf of the Research Committee and the Board of Directors of the Canadian Association for Play Therapy the award of \$1,000 for the 2022 CAPT Research Award has been given to Allison Stickney from Victoria BC for her research project on '*Stories of Tactile Objects in Child and Youth Care Practitioners' Office Space*.

We look forward to reviewing the results of this research in the fall of 2022.

The Research Committee continues to collate known Canadian research publications in Play Therapy.

Respectfully submitted,

*Nancy Riedel Bowers, RSW, PhD, CPT-S, RPT-S and Approved Provider Chair, CAPT
Research Committee*

APPROVED PROVIDER COMMITTEE

The Approved Provider Committee works with the Board of Directors to support Trainers and Educators in the delivery of high quality, best-practice Play Therapy Training for its Members. The Committee is comprised of two members, Tina Katsikeros and Kevin St. Louis. Kevin joined the committee in fall of 2021.

We strive to ensure that Members have access to the best Continuing Education and Foundation Training Programmes. We recognize the tremendous value of Play Therapy for individuals and families and work to bring Play Therapy Training to the forefront of Mental Health Services.

We continue to receive feedback from our members around the application process and are continuously reviewing the process to ensure it is fair, equitable, accessible and in accordance with the Policies and Values of CAPT.

The Approved Provider committee is interested in exploring ways of increasing access for Members to relevant, cutting edge training that will benefit its members.

If you would like to provide training or would like more information about the function of the committee and the policies and procedures related to becoming an approved provider, please review the information contained on the CAPT website and contact us via email or phone if you have any questions.

If you are interested in being involved in the work of the Approved Provider Committee, we are looking for enthusiastic, committed and knowledgeable members to join us! Please email the CAPT office or reach out directly to one of the members of the Board of Directors.

Respectfully Submitted by
Kevin St. Louis
Approved Provider Committee

DIVERSITY AND INCLUSION COMMITTEE

The Diversity and Inclusion Committee currently consists of Chenoa La Caille, Whitney McGeary-Khunte, Kevin St-Louis, Helena Kogas and Donna Starling. After starting in 2020 as an ad-hoc committee in response to an increasing awareness of a need for a focus on Diversity and Inclusion within CAPT, our focus has been the response to the request by the Board to create an Inclusion Statement. We are proud to say that, after a great deal of work, The Inclusion Statement was completed by our committee and accepted by the Board this year. We wanted it to be succinct and strongly reflective of our beliefs around the importance of Diversity and Inclusion that had already been established within CAPT, as well as point to the fact that Diversity and Inclusion is never done – it is a process to be reflected upon regularly and as part of each decision made by CAPT. As a result, the Inclusion Statement will be imbedded within the mandate of each committee as well as the work of the Board of CAPT.

Our committee has since been working on identifying future projects. As one action item that stemmed from a survey sent to our membership in 2020 as well as feedback from within our Board, we will be focusing on working together with Indigenous communities to identify specific play therapy needs that stem from the unique belief systems and world perspectives of the Indigenous communities. We are extremely excited about this work. One of our committee members, Chenoa La Caille, has some extremely insightful and knowledgeable contacts who have agreed to support and assist us to begin this work in terms of consultation and direction.

If you have any interest in joining our committee, please reach out to CAPT and we would love to expand our growing committee. Your input and help is needed..

*Respectfully submitted by the Diversity and Inclusion Committee: Chenoa La Caille,
Whitney McGeary-Khunte, Kevin St-Louis,
Helena Kogas and Donna Starling*

MARKETING COMMITTEE

The Marketing Committee's Work Plan for the Year 2021 focused on three general areas: Website Development, Ambassador Program, and Social Media.

Website

- Our goal for the website is to update the WordPress Interface that is currently being used to allow for easy accessibility for committee members tasked with website development
- Specific website development tasks will be as follows:
 - To clean up and reorganize the homepage
 - To add specific page-hyperlinks on the homepage
 - To make each subpage more accessible and user-friendly for viewers
 - To create a CAPT brief introduction video
- Due to the heavy work load that website design and development takes, our committee proposed the possibility of accessing students at College and Universities who are seeking internship in this area

Ambassador Program

- Our goal for the Ambassador Program is to re-develop the program altogether and make specific next steps for a successful program. For example:
 - How do we get Ambassadors involved?
 - How do we keep Ambassadors motivated?
 - How can we recruit Ambassadors?
 - How do we make this program a team and community-based approach?
 - How do we retain Ambassadors?

Social Media

- Our Social Media goal consisted of increased social media presence, member involvement, and advocacy and program of CAPT as well as other agencies and partners to CAPT
- We discussed options for the above goal, such as:
 - Getting members involved in social media posts
 - Possibility of taking on students who are pursuing internships in this area, or student employment
 - Creating a social media strategy for the next year
 - How to create or curate content for social media

Respectfully submitted by the Marketing Committee:

NEWLY CAPT CERTIFIED MEMBERS 2021

Congratulations to those members of CAPT that have become newly Certified in 2021:

Certified Play Therapist Supervisor

Danielle	Boyer	Drayton Valley, AB
Stephanie	Bozzer	Edmonton, AB
Nicole	Hotson	Thunder Bay, ON

Certified Play Therapist

Carolyn	Lynch	Whitecourt, AB
Alma	Shea-Royal	Calgary, AB
Alexa	Tyler	Kamloops, BC
Eliane	Wanner Van Osch	100 Mile House, BC
Taryn	Barnes	Bright's Grove, ON
Stephanie	Rabenstein	London, ON
Emily	Smith	Cambridge, ON
Heather	Swigger	Mississauga, ON
Aimee	VanKoughnett	Kitchener, ON

CAPT BOARD OF DIRECTORS

2021-2022

BOARD OF DIRECTORS

Theresa Fraser CPT-S	Pictou, NS
Helena Kogas	Oakville, ON
Kenda Riggs	Torbay, NL
Kevin St. Louis	Omeme, ON
Donna Starling CPT-S	Fergus, ON
Ricky McIntyre	Saint John, NB Jodie
Keeso-Hiebert CPT-S	St. Catharines, ON
Hannah Sun Reid CPT-S	Cobourg, ON
Nicole Perryman CPT	Ajax, ON
Caileigh Flannigan CPT	Cobourg, ON
Lindsay Crowe CPT	Bradford, ON

Justine Elliot ?

EXECUTIVE DIRECTOR

Elizabeth A. Sharpe CAE

