

Certified Play Therapist Supervisor (CPT-S) (Approved September 2023)

1: Membership:

1. Maintain status as a member-in-good standing with CAPT for 3 consecutive years leading up to your application and comply with the CAPT Code of Ethics.
2. Maintain status as a certified, licensed, or registered member-in-good standing with a license to independently provide clinical mental health services in a Canadian professional association or governing body.
3. Provide proof of liability insurance through a professional insurance provider annually.
4. Provide a recent (within 12 months) Police Criminal Record with Vulnerable Sector check, which must be updated in the event an offence occurs on your record.

2: Education:

1. Hold a graduate degree in a mental health field focused on the development of psychotherapy skills.

3: Supervisor Training

1. Obtain a minimum of 14 hours of “supervisor training” provided by a CAPT approved training program.

4: Clinical Practice Hours:

1. Have an additional 500 hours of play therapy clinical practice (accumulated over a 2-year period or longer) after becoming a Certified Play Therapist (CPT) with CAPT;
2. Provide a minimum of 50 hours of direct clinical supervision to supervisees after supervisor training has been completed (see Supervisor training section for details). This needs to be verified by the CPT-S who supports your supervisor-in-training journey.

5: Clinical Supervision:

1. Obtain a minimum of 10 hours of direct supervision on the clinical supervisory process from a CPT-S
2. This supervision may include a maximum of 5 hours of group supervision (2 to 6 people in a group).
3. Supervisor(s) must observe at least 2 supervision sessions specific to play therapy.
4. Written verification of these hours must be provided by the supervisor or supervisors.

6: References:

1. Submit 1 reference from a CPT-S who has witnessed the applicant’s supervisory practice with play therapy supervisees.
2. All hours of clinical practice and supervision will be verified in writing using the Supervision Tracking Form.
3. Submit 3 references from individuals the applicant has supervised in a clinical capacity.

4. At least 2 of these references must relate specifically to supervision in the area of play therapy.

7: Interview and Submission of Video Recordings:

1. The Certification Committee may request the applicant be required to submit unedited video recordings of their therapeutic work (2 therapy sessions).
2. The Certification Committee may request that the applicant participate in an interview with the Certification Committee in support their certification application.

8: Requirements once certified

1. Certified Play Therapist Supervisors (CPT-S) are required to obtain 12 hours of continuing education per year. This continuing education must be in the theory and practice of play therapy.
2. CPT-S are required to participate in 6 hours of supervision specific continuing education training every 3 years in order to maintain their CPT-S status. This supervisor training does not need to be limited to play therapy specific supervisor training.
3. CPT-S who choose to present Foundation Play Therapy Training or Continuing Education credits will follow the guidelines provided by CAPT.