



**The Canadian Association for Play Therapy (CAPT) is the recognized expert among play therapy professionals and the leading force in promoting the importance of play therapy across Canada.**

### **Vision of CAPT**

- The Canadian Association for Play Therapy (CAPT) believes in the value of child psychotherapy and play therapy and its contribution to the mental, emotional, social and psychological well-being of families and children.
- The Association believes in advancing and promoting the understanding and value of play therapy, high standards of professional and ethical practice and advocating for our membership.
- The Association maintains a strong, professional organization and promotes professional training and current research in play therapy

Affiliated with international play therapy organizations across the globe, CAPT is Canada's national play therapy association, offering the only play therapy training program of its kind internationally. Instructors are skilled child psychotherapists, play therapists, counsellors, social workers, medical practitioners and clinicians who bring expertise on a wide variety of topics. All certified play therapists in Canada that have been accredited by CAPT, have reached the standards set by the industry and have received approval from the CAPT certification committee due to their expertise.

The Play Therapy Certificate Program is Approved by The Canadian Association for Play Therapy and the Association for Play Therapy in the United States.

### **Play Therapy: Helping Children Through Play**

In the past several years, Play Therapy has been accepted and acknowledged as an important and valued approach for working with children and families. It is applied to people of all ages. Since children's experiences and knowledge are often communicated through play, it becomes an important vehicle for them to know and accept themselves and others.

Play therapy may also help to provide insight about and resolution of inner conflicts or troubled thinking. They may learn how to communicate with others, express themselves, and develop problem-solving skills.

Over the past several years, play therapy has been accepted and acknowledged as an important and valued intervention. It can be used either as a primary or adjunct therapy in a variety of settings such as children’s services, community agencies, psychiatric centres, hospitals, schools, seniors residences and women’s shelters. Play therapists work with children individually, with their families and in group settings.

## About Playground Magazine

**Playground** magazine is the official voice of The Canadian Association for Play Therapy, helping the association promote the understanding and value of play therapy.

Published bi-annually, **Playground** magazine is circulated among 1500 members and industry professionals. The membership is composed of industry experts including certified play therapists, psychotherapists, counselors, child psychologists, marriage and family therapists, government agencies, social work agencies, health groups, Health Canada, and affiliated associations in the U.S., including the Association for Play Therapy.

### Consider This:

The growth potential for membership in CAPT over the next 3 to 5 years is expected to be significant. The association’s goal, with the new National Board of Directors, is to expand from their 450 current members to a projected growth of as much as 3 times their current size!

### Research

Play therapy is an emerging profession, growing exponentially in developed countries. There are exciting growth opportunities in the field. The evidence of Play Therapy is demonstrated through the American Psychological Association and the Association for Play Therapy in the U.S. and their many research programs and papers. Members access these on CAPT’s website.

### Advertising Rates for Playground Magazine

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**\*\*Please note that the Publications Committee has final approval for all advertisements within CAPT published documents.\*\***

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**Print Date: February 2024**  
**Deadline for Ads: February 1st, 2024**

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