



Very best wishes from CAPT

Welcome to 2024! The Canadian Association for Play Therapy wishes you a joyous and fulfilling year.

International Play Therapy Week 2024



CAPT is pleased to participate in

Your
Membership
Matters



2024 Membership Renewals

Membership renewals were
emailed on December 15,
2023.

DUE DATE:
FEB 29th, 2024

**[Renew your CAPT
Membership Online](#)**

Thank you for your continued
support of the **Canadian**

**the Canadian and International
Play Therapy Week 2024**

Feb 4th-10, 2024!

Planning is well under way.
Thank you to our wonderful
volunteers on our Play Therapy
Week Working Group

Let us know what you are going
to be doing to celebrate Play
Therapy Week in Canada by
using the **#PlayOn** hashtag.

Watch for updates on activities
and how to participate via our :
CAPT [Webpage](#) &
CAPT [Social Media](#)

**Association for Play Therapy
(CAPT)**

In 2024 we will continue to
support your CAPT on-line
training needs and introduce you
to some opportunities for you to
connect with each other

[Visit our Membership
Page](#)

**Questions regarding
your membership?**

[Contact
Us](#)

Congratulations to our CPT's & CPT-S's of 2023

CPT- AB Charlene Eckstrom
CPT- AB Carla Eckstrom
CPT- NS Kristi Garrido
CPT- ON Tina Hardma
CPT- NL Paula Hennessey
CPT- AB Tammy Lockyer
CPT- AB Shirley Meijaard
CPT- ON Taylor Nelson
CPT- MB Nancy Robinson-Epp
CPT- ON Nancy Rumble
CPT- AB Jennifer Stinson
CPT- ON Esther Waymouth

CPTS- AB Rachel Dundas
CPTS- BC Carolina Hall
CPTS- ON Nicole Perryman
CPTS- ON Anna Raworth

Special invitation for RPT and RPT-S

On behalf of the CAPT Certification committee, with the approval of the CAPT board, I would like to share with you an exciting special offer – a limited time porting of RPT and RPT-S to become certified members with CAPT.

[**Click here for more information**](#)

Chair, CAPT Certification Committee
Certified Play Therapist/Supervisor/Approved Training Provider
Certified Theraplay Practitioner/Trainer/Supervisor
Certified DDP Practitioner/Consultant/Trainer



The next live Certification Q & A session is being held on:

February 19th, 2024
1pm - 2pm EST

The zoom link is on the [certifications standards page](#)

Join us to have your questions answered directly by the Chair of the certification committee regarding the certification standards and procedures.



**MONICA HERBERT AWARD
PRESENTATIONS
CANADIAN ASSOCIATION FOR PLAY
THERAPY**

**Deadline for submitting your nomination
is March 31, 2024**

At the CAPT Annual General Meeting the **CAPT™ Monica Herbert Award** will be presented to recognize outstanding achievements in or contributions to the field of **Play Therapy**.

Recipients will have made a significant impact on CAPT through dedication, competence and exceptional performance.

Honouring your colleagues in the work they do not only shows your appreciation for the professional practices and dedication, but it encourages everyone to engage in the work of play therapy whenever possible.

It also allows us to recognize and appreciate the accomplishments and contributions Monica Herbert made to the children she worked with in the early days of our association.

If you have any questions, please contact the President,
[Kevin St. Louis](#)

**Nominations
Monica Hebert Award**

CALL FOR NOMINATIONS **2024 CAPT BOARD OF DIRECTORS**

Deadline for submission: March 31st, 2024

The CAPT Board of Directors is the organization's national governing body. It comprises up to 15 directors who are elected and allowed to serve, if they chose, three successive two-year terms. Any current member of CAPT may stand for election to one of the up to 15 seats.

Selection Criteria:

In selecting nominees, the current Board of Directors will consider CAPT needs for national representation on the Board to be filled by persons who:

- have institutional and individual credibility at national, regional and/or international levels in the Mental Health profession and/or specifically Play Therapy;
- have experience at managerial levels and/or as a member of other boards of directors;
- possess relevant specialized knowledge or skills; or
- have demonstrated an active commitment to CAPT's mission, vision, values and programs.

The Nominations Committee will also consider CAPT's needs for a Board that collectively is:

- broadly representative of CAPT's national reach and geographic diversity;
- broadly representative of CAPT's membership composition (by Institution type, national location, etc.);
- be diverse in terms of gender, age, race, ethnicity and cultural background;
- diverse in terms of experience and skills; and,
- conducive toward maintaining an appropriate measure of continuity.
- come to the Board of Directors table with an understanding of contribution to the association.

The Call and Directions:

CAPT's Board requests nominations from Members of the organization. You may nominate yourself and/or others.

A nomination will be certified when CAPT receives the following application items:

1. A completed Nomination [Form](#).
2. A letter of intent from each nominee (other than current Board members).

To submit completed nominations forms or with questions regarding the nomination process please contact to [Scott Kettles](#), Executive Director: 905 945 5905

CAPT New Mission, Vision and Value Statement

Vision

- Connecting children, youth, adults, families, and communities with play therapy education and certification.

Mission

- To strengthen voices, health, and well being with individuals, families, and communities by providing support, connection, education, and certification to assist play therapists in promoting the healing therapeutic powers of play and play therapy.

Values

- Connections/Outreach/ Mentorship
- Growth and Advocacy
- Inclusion and Respect through cultural humility
- Education, Ethics and Professionalism
- Integration, Diversity, Equity, recognizing different worldviews, flexible, responsive



AMERICAN PSYCHOLOGICAL ASSOCIATION

International Journal of Play Therapy

APA PsycAlert[®]: APA Journals in APA PsycArticles[®]

New research is available from the following journal:
2024, Volume 33, Issue 1 (Jan)

Play Skills for Parents

Connecting With Your
Child Through Play



KATHY EUGSTER

**Interested in strengthening
parent-child relationships??
My book may be of interest to you!**

Play Skills for Parents provides guidelines for **parents or caregivers** of children, ages 3 to 10 years old, on effective ways of **playing with their children**.

The information I outline in my book:

- encourages healthy child development
- helps to strengthen the parent-child or caregiver-child relationship
- supports parents or caregivers in learning practical new skills

[Learn More Here](#)

[Visit My Website](#)



Pacific Spirit Play Resources

Professionals who work with young children also work with the child's parents or caregivers and will understand the benefits of strengthening the parent-child or caregiver-child relationship on the **well-being of the child**.

Contact Kathy at keugster@telus.net

Be part of our next newsletter!

View our media kit to see Ad Rates, Placement Opportunities, Ad Specs and more.

[View Media Kit](#)
[Email us with questions](#)



Canadian Association for Play Therapy | 10 Centre Street, ., Grimsby, L3M 2R4 Canada

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