



## **Canadian Association for Play Therapy (CAPT)**

### **Monica Herbert Award**

#### **History of the Award**

The Canadian Association for Play Therapy calls for nominations for the Monica Herbert Award. This award has been inspired by the courage, devotion, hard work and commitment to working with and helping children that has been demonstrated by Monica Herbert.

We were sad to learn that on July 5, 2019, Monica Herbert passed away. Monica was a loved wife and loved mother of two sons and a daughter. She graduated from the Child Care Worker program at George Brown College in June of 1988 and began work on a Bachelor of Arts Degree at the University of Waterloo. She worked and trained in play therapy at Homestead Group Home, in Goderich, with Betty Bedard-Bidwell. Monica has used her skills to help many children and showed an interest in working with clients with autism. Her future included Certification as a Child Psychotherapist and Play Therapist with the Canadian Association for Child and Play Therapy, completion of her education and the continuation of a private therapy practice with children.

Monica was a courageous woman who struggled with many challenges and difficulties during her life. In November of 1992 and January 1993, she underwent brain surgery to correct life-threatening aneurysms. Her recovery was slow, and she continues to suffer from severe aphasia (severe language and communication disorder). The possibility of her being able to continue the life and work she loved was doubtful.

The establishment of The Monica Herbert Award allows us to recognize and appreciate the accomplishments and contributions Monica made to her family and the children she worked with.

#### **Criteria for the Monica Herbert Award**

This award is an annual award which will recognize outstanding achievements in or contributions to the field of play therapy. Recipients will have made a significant impact on CAPT through dedication, competence and exceptional performance, as demonstrated by one or more of the following:

- Outstanding clinical work using play therapy;

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- Research related to play therapy through a book, article, or paper;
- Community or Committee work supporting CAPT by furthering the field of play

therapy.

- Making exceptional contributions to the lives of children.

Nominations are to be made by members of The Canadian Association for Play Therapy. The recipient will be presented with The Monica Herbert Award Plaque. The award will be presented each year at the Association's Annual General Meeting.

Our members are now invited to make nominations for this year's award. These should be submitted to The Canadian Association for Play Therapy.

Please include the attached information form of the nominee and a one or two paragraph description of their contributions to the field of play therapy or the achievements that are to be recognized.

We believe that this award is a fitting way to recognize Monica's achievements and eagerly await this year's nominations.

Forward the completed nomination form along with a biography of the Nominee by March 31st to

**Deadline extended until April 7th, 2024**

: Executive Director, Scott Kettles, [scott@canadianplaytherapy.com](mailto:scott@canadianplaytherapy.com)

### **Previous Years' Monica Herbert Award Recipients**

Bridget Revell  
Cindy Taylor  
Sandy Foster  
Dr. Betty Bedard-Bidwell  
Bonnie Bodnar  
Dr. Evangeline Munns  
Lynn Pinterics & Linda Perry  
Gregory Lubimiv  
Sandra Webb  
Lorie Walton  
Dr. Nancy Riedel Bowers  
Ken Gardner  
Hannah Sun-Reid  
Kathy Eugster  
Susan Garofolo  
Liana Lowenstein  
Theresa Fraser  
Dr. Laura Mill  
Barbara Jones Warrick  
Margot Sippel

Elizabeth A. Sharpe  
W. Kip Sharpe  
Edward Vella  
Lori Wareham-Mulrooney