



2025 Canadian Association for Play Therapy (CAPT) Foundation Play Therapy Training
9:00 a.m. to 3:30 p.m. Eastern Time Zone

Theory & Approaches - Weeks 1 and 2 – May 5 - 16, 2025

DATE	COURSE	DATE	COURSE
May 5, 2025	Introduction to Play Therapy	May 12, 2025	Family Play Therapy
May 6-7, 2025	Play Therapy History, Models and Process	May 13 & 14, 2025	Non-Directive Play Therapy and Filial Therapy
May 8, 2025	Ethical Practice in a Play Therapy Setting	May 15, 2025	Attachment Theory and Therapy in a Play Therapy Setting
May 9, 2025	Assessment & Treatment Planning in a Play Therapy Context	May 16, 2025	Theraplay as a Play Therapy Model

Techniques - Weeks 3 and 4 – June 9 – 20, 2025

DATE	COURSE	DATE	COURSE
		June 16, 2025	Creating an Inclusive and Culturally Competent Play Therapy Practice
June 9 & 10, 2025	Using Sandtray in Play Therapy	June 17, 2025	Storytelling in a Play Therapy Session
June 11, 2025	Brain Research and Child Development in a Play Therapy Setting	June 18, 2025	Understanding and Treating Anxious Children using Play Therapy
June 12 & 13, 2025	Understanding Traumatized Children and Applying Play Therapy Tools in the Treatment of Trauma in Children	June 19-20, 2025	Play Therapy with Abused Children Day 1 – Physical and Emotional Abuse Day 2 – Sexual Abuse

Special Populations - Weeks 5 and 6 – August 4 - 15, 2025

DATE	COURSE	DATE	COURSE
August 4 & 5, 2025 **	Treating Disruptive Behaviour Problems in a Play Therapy Setting	August 11 & 12, 2025	Play Therapy for Children and Families - Coping with Loss
August 6, 2025	Puppetry in a Play Therapy Setting	August 13, 2025	Case Application with Play Therapy
August 7, 2025	Play Therapy with Adults	August 14, 2025	Art Therapy in a Play Therapy Setting
August 8, 2025	Group Therapy in a Play Therapy Setting	August 15, 2025	Vicarious Trauma and Self Care in a Play Therapy Environment

*Schedule may be amended to accommodate instructor availability.

** Holiday Monday in some provinces