

# FOUNDATION PLAY THERAPY TRAINING: 2026 SCHEDULE



Our 2026 Foundation Play Therapy Training features an exceptional lineup of internationally recognized workshop leaders. Each facilitator brings deep clinical expertise, years of experience in the field, and a commitment to advancing the practice of play therapy across Canada and beyond.

## MAY

### HISTORY, MODELS & PROCESS: MAY 4-15, 2026

|        | MONDAY                                    | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--------|---|--|--|--|---|
| WEEK 1 | Introduction to Play Therapy <sup>4</sup> | Play Therapy History, Models and Process (2 days) <sup>5</sup>       | Play Therapy History, Models and Process (2 days) <sup>6</sup>       | Assessment & Treatment Planning in a Play Therapy Context <sup>7</sup> | Ethical Practice in a Play Therapy Setting <sup>8</sup> |
| WEEK 2 | Using Play with Families <sup>11</sup>    | Non-Directive Play Therapy and Filial Therapy (2 days) <sup>12</sup> | Non-Directive Play Therapy and Filial Therapy (2 days) <sup>13</sup> | Attachment Theory and Therapy in a Play Therapy Setting <sup>14</sup>  | Theraplay as a Play Therapy Model <sup>15</sup>         |

## JUNE

### TECHNIQUES: JUNE 8-19, 2026

|        | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--------|---|---|--|---|---|
| WEEK 3 | Creating an Inclusive and Culturally Competent Play Therapy Practice <sup>8</sup> | Storytelling as a Play Therapy Tool <sup>9</sup>      | Brain Research and Child Development in a Play Therapy Setting <sup>10</sup> | Understanding Traumatized Children & Applying PT Tools (2 days) <sup>11</sup>     | Understanding Traumatized Children & Applying PT Tools (2 days) <sup>12</sup> |
| WEEK 4 | Using Sandtray in Play Therapy (2 days) <sup>15</sup>                             | Using Sandtray in Play Therapy (2 days) <sup>16</sup> | Understanding and Treating Anxious Children using Play Therapy <sup>17</sup> | Play Therapy with Abused Children Day 1: Physical & Emotional Abuse <sup>18</sup> | Play Therapy with Abused Children Day 2: Sexual Abuse <sup>19</sup>           |

## AUGUST

### SPECIAL POPULATIONS: AUGUST 3-14, 2026

|        | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--------|--|--|--|--|--|
| WEEK 5 | Treating Disruptive Behaviour in a Play Therapy Setting (2 days) <sup>3</sup>  | Treating Disruptive Behaviour in a Play Therapy Setting (2 days) <sup>4</sup>  | Art Therapy in a Play Therapy Setting <sup>5</sup> | Play Therapy with Adults <sup>6</sup>                                      | Group Therapy in a Play Therapy Setting <sup>7</sup>               |
| WEEK 6 | Play Therapy for Children and Families Coping with Loss (2 days) <sup>10</sup> | Play Therapy for Children and Families Coping with Loss (2 days) <sup>11</sup> | Using Puppets as a Play Therapy Tool <sup>12</sup> | Vicarious Trauma and Self Care in a Play Therapy Environment <sup>13</sup> | Case Application - Putting all the Learning Together <sup>14</sup> |

## 2026 WORKSHOP LEADERS:

This year's faculty includes respected authors, clinicians, supervisors, and educators who are dedicated to supporting your professional growth and strengthening your play therapy skills.  
*Note: Instructors may be substituted if necessary.*

- Stephanie Anderson
- Christopher Conley
- Stacy Darku
- Theresa Fraser
- Barbara Jones Warrick
- Jodie Keeso
- Hannah Kip
- Greg Lubimiv
- Liana Lowenstein
- Cynthia Manley
- Anna Raworth
- Stephanie Rubenstein
- Andrea Stephenson
- Hannah Sun-Reid