

# Path to Certification as a Play Therapist

## COURSE DESCRIPTION:

**Path to Certification as a Play Therapist** is an essential course for mental health professionals who are interested in becoming Certified Play Therapists (CPTs) through the Canadian Association for Play Therapy (CAPT). Whether you're just beginning your journey or are already working toward certification, this course provides a clear, structured overview of the steps, requirements, and resources available to help you succeed.

Through expert guidance and practical insights, you'll gain a deeper understanding of the training, supervision, and clinical experience needed, as well as how to navigate the application process with confidence. You'll also connect with a supportive community of peers and professionals who are walking a similar path.

If you've ever felt unsure, overwhelmed, or unclear about how to get certified – this course is for you.

## LEARNING OBJECTIVES:

By the end of this course, participants will be able to:

1. Describe the pathway to certification as a Play Therapist with the Canadian Association for Play Therapy (CAPT), including eligibility criteria and timelines.
2. Identify the core training and education requirements, including foundational and specialized coursework.
3. Understand supervision expectations, including required hours and appropriate supervision structures.
4. Outline the clinical experience needed, including types of client hours and relevant casework.
5. Navigate the application process with clarity and confidence, understanding the required documentation and common pitfalls.
6. Access ongoing supports and resources, including CAPT-recognized training, peer communities, and mentorship opportunities.
7. Develop a personalized plan of action for completing certification requirements based on their current professional standing.



**CEUS:** This course qualifies for 2 Continuing Education Unit

**HOURS:** 2HRS

**COST:** FREE