



## MONICA HERBERT AWARD

### History of the Award

The Monica Herbert Award has been inspired by the courage, devotion, hard work and commitment to working with and helping children that has been demonstrated by Monica Herbert.

We were sad to learn that on July 5, 2019, Monica Herbert passed away. Monica was a loved wife and loved mother of two sons and a daughter. She graduated from the Child Care Worker program at George Brown College in June of 1988 and began work on a Bachelor of Arts Degree at the University of Waterloo. She worked and trained in play therapy at Homestead Group Home, in Goderich, with Betty Bedard-Bidwell. Monica has used her skills to help many children and showed an interest in working with clients with autism. Her future included Certification as a Child Psychotherapist and Play Therapist with the Canadian Association for Child and Play Therapy, completion of her education and the continuation of a private therapy practice with children.

Monica was a courageous woman who struggled with many challenges and difficulties during her life. In November of 1992 and January 1993, she underwent brain surgery to correct life-threatening aneurysms. Her recovery was slow, and she continues to suffer from severe aphasia (severe language and communication disorder). The possibility of her being able to continue the life and work she loved was doubtful.

The establishment of The Monica Herbert Award allows us to recognize and appreciate the accomplishments and contributions Monica made to her family and the children she worked with.

### Past Recipients:

Bridget Revell  
Cindy Taylor  
Sandy Foster  
Dr. Betty Bedard-Bidwell  
Bonnie Bodnar  
Dr. Evangeline Munns  
Lynn Pinterics & Linda Perry  
Gregory Lubimiv  
Sandra Webb  
Lorie Walton  
Dr. Nancy Riedel Bowers

Ken Gardner  
Hannah Sun-Reid  
Kathy Eugster  
Susan Garofolo  
Liana Lowenstein  
Theresa Fraser  
Dr. Laura Mill  
Barbara Jones Warrick  
Margot Sippel  
Elizabeth A. Sharpe  
W. Kip Sharpe

Edward Vella  
Lori Wareham - Mulrooney  
Krysteli Needham  
Marie José Dhaese



## BETTY BIDWELL BEDARD VOLUNTEER AWARD

### History of the Award

The Betty Bidwell Bédard Volunteer Award recognizes an individual who has made an outstanding volunteer contribution to the Canadian Association for Play Therapy (CAPT) and its members.

This award is named in honour of Betty Bedard Bidwell, PhD, CPT-S, Registered Art Therapist, a trailblazer in the field of Play and Art Therapy in Canada. Betty is a Registered Psychotherapist with the Ontario College of Psychotherapy, a Registered Art & Play Therapist and Supervisor, a Trauma and Loss Consultant Supervisor, and the only dual American and Canadian registered Art and Play Therapist with this level of credentials in Canada. She holds an American Art Therapy Board Certification and recently completed her certification in Animal Assisted Therapy, supporting the therapeutic use of pets in her private practice.

Betty has received numerous accolades, including the TLC Supervisor of the Year Award and the 2001 Premier's Award. She co-founded and served as coordinator/instructor for the Art and Play Therapy Program at the University of Western Ontario. In addition, she operated Betamarsh Incorporated, a residential and foster care agency, and served as a treatment foster parent for over 29 years.

Within CAPT, Betty is the only current member who has been part of the Association since its inception. She has generously shared her time and expertise as a Board Member, Certification Committee member, Education Committee member, Supervisor, and Mentor to many certifying play therapists.

With her longstanding history of volunteerism and leadership, it is only fitting that CAPT presents this annual award in her name to recognize others who embody her unwavering commitment and spirit of service.

### Past Recipients

- Inaugural Recipient (2023): Donna Starling
- 2024 Recipient: Hannah Sun-Reid
- 2025 Recipients: Caileigh Flannigan , Ineke Guadagnin