2027 FOUNDATION PLAY THERAPY TRAINING

MARCH - JUNE 2027 | 10:30AM-5:00PM ET



BUILD YOUR KNOWLEDGE, SKILLS AND CONFIDENCE

CAPT's Foundation Play Therapy Training offers over 180 hours of learning across three complementary streams, each providing at least 60 hours of training. Guided by experienced instructors, explore foundational theory, clinical skills and techniques, and applications across diverse populations and settings.

Whether you're completing foundation training hours toward certification, pursuing professional development, earning continuing education credits or adding play therapy approaches to your therapeutic toolkit, choose courses that support your learning goals and practice.

01 FOUNDATION KNOWLEDGE & CLINICAL CONCEPTUALIZATION

CERTIFICATION REQUIREMENT: **All courses are required.*

02 CLINICAL SKILLS, TECHNIQUES & PROCESSES

CERTIFICATION REQUIREMENT: **7 required courses + choose 3 of 4 electives*

03 SPECIAL POPULATIONS & SETTINGS

CERTIFICATION REQUIREMENT: **8 required courses + choose 2 of 3 electives*

FOUNDATION TRAINING, YOUR WAY

New this year: Several new courses and a combination of required and elective courses provides a strong foundation while giving you more choice in shaping your learning.

Take individual courses or work toward completing all three streams. Courses can be taken in any order and over several years, allowing you to learn at a pace that fits your interests, schedule and goals.

MAKE SPACE FOR LEARNING

- **10:30AM-5:00PM ET** Thursday-Saturday
- **6 CEUs** (per day of class)
- **Expert Instructors**
- **Online Workshops**
- **Part of Certification Path**
- **Professional Development**

REGISTER NOW

For more information on the courses, instructors and costs please visit capttraining.com

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01 Foundation Knowledge & Clinical Conceptualization

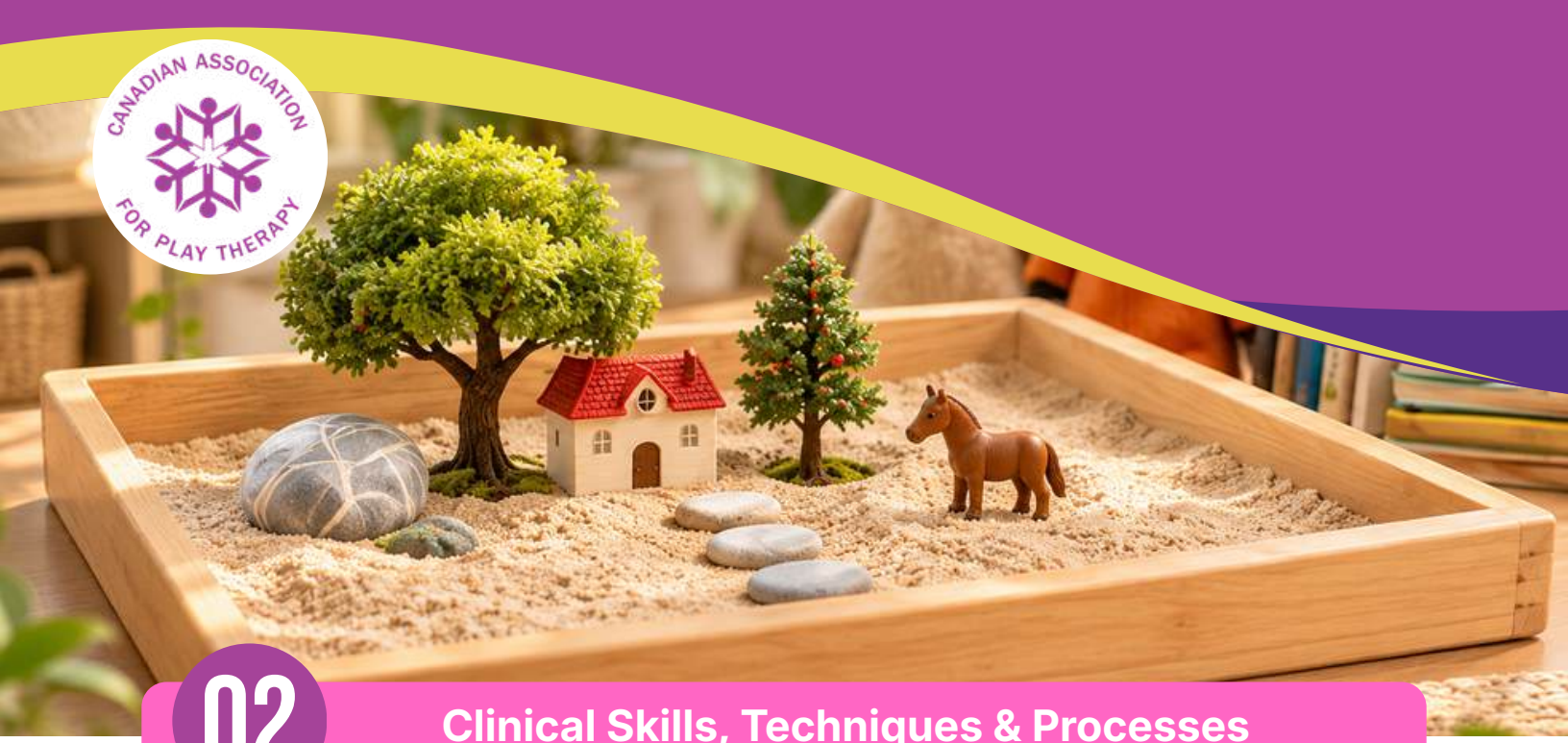
Certification Path: All courses (7 courses/ 10 days/60 hours) required for certification path.

Build a foundation in play therapy theory, models, ethics and child development to inform your clinical understanding and practice.

March	**March 19**	Introduction to Play Therapy
	March 25-26	Play Therapy History, Models and Process *(2 days)*
	March 27	Cultural Humility, Diversity, Equity and Inclusion in the Playroom
April	**April 1-2**	Non-Directive Play Therapy *(2 days)*
	April 3	Ethics, Legal Responsibilities, Documentation and Professional Practice
	April 8-9	Understanding Child Trauma and Applying Play Therapy Tools • Day 1- Physical and Emotional Abuse • Day 2 - Sexual Abuse
	April 10	Brain Research and Child Development in a Play Therapy Setting

- Sessions run Thursday–Saturday most weeks during the training period, from 10:30 a.m.–5 p.m. ET.
- Registration closes two business days before each session.
- Cancellations require at least two weeks' written notice and are subject to a $25 administration fee.

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02 Clinical Skills, Techniques & Processes

○ Elective course | **Certification Path:** Complete 7 required courses and choose 3 electives from 4 options available.

Expand your therapeutic toolkit with play-based approaches, practical techniques and clinical processes that support assessment, treatment planning and meaningful therapeutic work.

April	April 23	Therapeutic Storytelling ○
	April 24	Art in a Play Therapy Setting ○
	April 29-30	Using Sandtray in Play Therapy *(2 days)*
May	May 1	Aggressive Children in the Playroom
	May 6	Directive/Integrated Play NEW
	May 7	Filial Therapy ○
	May 8	Attachment Theory and Practice in Play Setting
	May 13	Assessment and Treatment Planning
	May 14	Using Puppets as a Play Therapy Tool ○
	May 15	Theraplay as a Play Therapy Model

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03 Special Populations & Settings

O Elective course | **Certification Path:** Complete 8 required courses and choose 2 electives from 3 options available.

Explore how to adapt play therapy to support diverse needs, experiences and life circumstances across populations and therapeutic settings.

May	May 20	Vicarious Trauma and Self Care in a Play Therapy Environment
	May 21	Group Therapy in a Play Therapy Setting O
	May 22	Using Play Therapy with Adults O
	May 27	Play Therapy with Neurodivergent Children NEW
	May 28	Understanding and Treating Anxious Children Using Play Therapy
	May 29	Family Systems and using Play Therapy with Families NEW O
June	June 3-4	Play Therapy with Abused Children *(2 days)* • Day 1- Physical and Emotional Abuse • Day 2 - Sexual Abuse
	June 10	Coping with Loss when there is a Death
	June 11	Coping with Loss when there is Separation and Divorce
	June 12	Case Application - Putting all the Learning Together

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LEARNING TO SUPPORT YOUR GOALS

Wherever you are in your professional journey, CAPT's Foundation Play Therapy Training offers essential courses toward certification, opportunities to expand your therapeutic toolkit and continuing education credits to support your annual requirements.

EXPERT-LED LEARNING, FLEXIBLE OPTIONS

- **Over 180 hours** of live, expert-led instruction
- Attend virtually through a convenient **online format**
- Courses run **Thursday–Saturday, March–June,** from **10:30 AM–5:00 PM ET**
- Develop **skills in assessment, trauma treatment, creative interventions** and more
- Earn **6 Continuing Education Units per training day**
- **New for 2027:** new courses and a mix of required and elective courses

2027 WORKSHOP LEADERS

Learn from experienced authors, clinicians, supervisors and educators who bring diverse perspectives and practical expertise to support your professional growth and deepen your play therapy knowledge and skills.

- Stephanie Anderson
- Christopher Conley
- Stacy Darku
- Theresa Fraser
- Jodie Keeso
- Hannah Kip
- Liana Lowenstein
- Greg Lubimiv
- Ricky Joel McIntyre
- Anna Raworth
- Stephanie Rubenstein
- Hannah Sun-Reid

Please note: Instructors are subject to change.

LEARNING STREAMS

01

Foundation Knowledge & Clinical Conceptualization
Build a foundation in play therapy theory, models, ethics and child development to inform your clinical understanding and practice.

02

Clinical Skills, Techniques & Processes
Expand your therapeutic toolkit with play-based approaches, practical techniques and clinical processes that support assessment, treatment planning and meaningful therapeutic work.

03

Special Populations & Settings
Explore how to adapt play therapy to support diverse needs, experiences and life circumstances across populations and therapeutic settings.

YOUR CERTIFICATION TRAINING PATHWAY

Complete **60 hours** (10 training days) per stream, for a total of **180 hours**:

- **Stream 1:** Complete all required courses
- **Stream 2:** Complete 7 required courses and choose 3 electives from 4 options
- **Stream 3:** Complete 8 required courses and choose 2 electives from 3 options

MORE INFORMATION

- Dates, instructors, training outlines, learning outcomes and registration go to: **canadianplaytherapy.com/training/foundation-play-therapy-training**
- Becoming a Certified Play Therapist, please visit our Certification webpage at: **canadianplaytherapy.com/certification**
- For group rates *(4 or more individuals)* please contact us at **ed@canadianplaytherapy.com**

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